



Are you changing your lifestyle because of incontinence?

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Did you know!

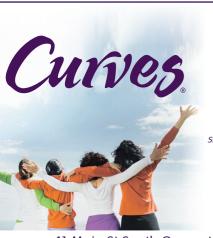
Many people believe that incontinence; the involuntary loss of urine, is a normal occurrence after childbirth or aging. Continence concerns are **common** but **NOT normal**.

Stress Incontinence (SI) refers to leakage that is noticed during a cough or sneeze, when laughing, or during strenuous activities like soccer, jumping jacks, or other aerobic activities. Sometimes women get the sudden and urgent need to get to a bathroom. Urge Incontinence (UI) is the loss of urine that is accompanied by this sudden, urgent feeling.

Leakage may have started off with minimal and tolerable amounts of leakage that occurred with a cough or sneeze, but then leakage can accelerate to amounts that are substantial enough to wear protective padding, continence garments or simply just avoiding activities that were once enjoyed.

Georgetown Location open Saturdays 8am - 2 pm

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Please don't drink and drive



COMMUNITY



Top: Debbie Sues (right) along with her daughter Gina Karas and mother Nora Cardoni were first in line to see soap opera star Christian LeBlanc (right photo) who plays lawyer Michael Baldwin on The Young and the Restless. He appeared in front a large crowd of fans at the Georgetown Market Place on Saturday

Photos by Ray Lavender



<u>legal matters FAMILY</u>

ASK THE PROFESSIONAL

We work for you.



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I plan to separate from my wife. We have been married for 8 years. Will I have to pay spousal support to her?

There are many factors that have to be considered in answering your question. You must first determine if your wife is entitled to spousal support. The length of time you and your wife lived together and the roles you played during your marriage will be factors to be considered as well as whether or not you had an agreement as to whether you would pay her spousal support in the event of your separation. For instance, did your wife work during the marriage or did she stay at home? If she worked outside the home, did she work part time or full time? Did your wife care for the home to allow you to work outside the home for longer hours and earn more income than you otherwise might have earned? These factors will be taken into consideration as to whether or not your wife is entitled to spousal support.

If it is decided, either between you and your wife or by a court, that your wife would be entitled to spousal support, your marital history would be reviewed to determine if either of you suffered from any economic advantage or disadvantage arising from your marriage or your separation. For instance, did your wife lose out on any advancement in her career as a result of allowing you to pursue your career? If you had children, did your wife stay at home with the children for a period of time? Consideration would also be given to relieving any economic hardship that might arise from your separation. They would also look at whether you can both be self sufficient within a reasonable period of time after your separation. All these issues would be reviewed.

If the matter was before a court, rather than you and your wife attempting to settle this issue with the assistance of your lawyers, you should be aware that a court won't take into account whether one or both or you improperly conducted yourself during the marriage in determining whether or not spousal support should be paid by you.

If child support is to be paid, priority will be given to paying it first before consideration is given to the amount of spousal support to be paid.

Give me a call to set up a consultation to discuss your particular situation.

The advice offered in this column is intended for informational purposes only. Use of this column is not intended to replace or substitute any professional, financial, medical, legal, or other professional advice.