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Are you changing your
lifestyle because of
incontinence?

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The scientific research clearly shows that
physiotherapy should be the first line of
treatment for incontinence.

Many people believe that incontinence; the involuntary loss
of urine, is a normal occurrence after childbirth or aging.
Continence concerns are common but NOT normal.

Stress Incontinence (SI) refers to leakage that is noticed
during a cough or sneeze, when laughing, or during strenuous
activities like soccer, jumping jacks, or other aerobic activities.
Sometimes women get the sudden and urgent need to get to
a bathroom. Urge Incontinence (UI) is the loss of urine that is
accompanied by this sudden, urgent feeling.

Leakage may have started off with minimal and tolerable
amounts of leakage that occurred with a cough or sneeze, but
then leakage can accelerate to amounts that are substantial
enough to wear protective padding, continence garments or
simply just avoiding activities that were once enjoyed.

Georgetown Location open Saturdays 8am - 2 pm

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Please don't
drink and
drive



COMMUNITY



Top: Debbie Sues (right) along
with her daughter Gina Karas
and mother Nora Cardoni
were first in line to see soap
opera star Christian LeBlanc
(right photo) who plays
lawyer Michael Baldwin on
*The Young and the Rest-
less*. He appeared in front
a large crowd of fans at the
Georgetown Market Place on
Saturday

Photos by Ray Lavender



legal matters | FAMILY LAW

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for you.

Q

A

I plan to separate from my wife. We have been
married for 8 years. Will I have to pay spousal
support to her?



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There are many factors that have to be considered in answering
your question. You must first determine if your wife is entitled
to spousal support. The length of time you and your wife lived
together and the roles you played during your marriage will be
factors to be considered as well as whether or not you had an
agreement as to whether you would pay her spousal support in
the event of your separation. For instance, did your wife work
during the marriage or did she stay at home? If she worked
outside the home, did she work part time or full time? Did your
wife care for the home to allow you to work outside the home for
longer hours and earn more income than you otherwise might
have earned? These factors will be taken into consideration as
to whether or not your wife is entitled to spousal support.

If it is decided, either between you and your wife or by a
court, that your wife would be entitled to spousal support, your
marital history would be reviewed to determine if either of you
suffered from any economic advantage or disadvantage arising
from your marriage or your separation. For instance, did your
wife lose out on any advancement in her career as a result of
allowing you to pursue your career? If you had children, did
your wife stay at home with the children for a period of time?
Consideration would also be given to relieving any economic
hardship that might arise from your separation. They would
also look at whether you can both be self sufficient within a
reasonable period of time after your separation. All these
issues would be reviewed.

If the matter was before a court, rather than you and your
wife attempting to settle this issue with the assistance of your
lawyers, you should be aware that a court won't take into
account whether one or both of you improperly conducted
yourself during the marriage in determining whether or not
spousal support should be paid by you.

If child support is to be paid, priority will be given to paying
it first before consideration is given to the amount of spousal
support to be paid.

Give me a call to set up a consultation to discuss your particular
situation.

The advice offered in this column is intended for informational purposes only. Use of this column is not intended to
replace or substitute any professional, financial, medical, legal, or other professional advice.