

SENIORS LIVING

We're getting old— Halton Region has a plan

Halton Regional Council approved a four-year plan that identifies how Halton Region will enhance policies, programs, services and environments to respond to the growing, aging population in Halton, at its April 30 meeting.

With Halton Region's Best Planning Estimates projections reporting that the number of older adults, 65 years and older, will nearly double to 127,000 by 2031, the goal of the Halton Region Older Adult Plan 2015-2018 (HOAP) is to support the health and well-being of older adults and promote healthy aging in Halton.

"Halton is a great place to live and as our community continues to grow and change, the Region is committed to supporting

policies, programs, services and environments that are aging-friendly," said Regional Chair Gary Carr.

"Through HOAP we want to enhance quality of life for older adults in Halton, today and in the future."

The plan seeks to enhance quality of life for older adults in Halton through meaningful engagement, strengthened community partnerships and integrated client-centered services that apply an older adult perspective to all Regional activities.

HOAP highlights the Region's commitment to older adults and acknowledges that investments at every age support healthy aging in Halton.

Six priorities are identified in the plan:

- Consider older adults in the



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development of policies and delivery of programs

- Optimize the engagement of older adults with Halton Region

• Support the enhancement of aging-friendly Regional environments

- Support opportunities for

older adults and Halton communities to prosper

- Support older adults to be active, connected and to age well
- Support older adults to maintain their independence

HOAP aligns with other Regional plans and strategies including Halton Region's Strategic Action Plan 2015-2018, the Regional Official Plan and the Comprehensive Housing Strategy Update 2014-2024.

All Regional departments assisted with development of the plan and community stakeholders were consulted for input. The plan contains strategies to build partnerships that will enhance innovation, service coordination and integrated service delivery with community partners.

To access the full plan online, visit halton.ca/hoap.



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