

COMMENT

Get crackin'...

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What's Cookin'

part the winner gets to host next year's event.

There are some rules:

- Only chicken eggs— one year one of the uncles tried to use duck eggs and was disqualified.
- No double tapping.

- No smashing— the little kids learn very early because nobody will crack with them if they do!

- No coating the eggs with any foreign substance
- No sitting out a round to try to get into the next round.

Apparently everyone is super-hardcore about this game. Various sizes of eggs have been tested (my friend Tom is convinced that peewee eggs are the way to go—

he drove all the way to St. Catharines to buy them this year), and just about every method of cooking: boiling, baking, BBQing, coating in toothpaste then boiling, adding vinegar to the water, boiling in milk, boiling in rock salt, you name it.

Well, for 2015 the winner was Kim Boychuk—she's the one you see featured with her trophy—congratulations Kim. And she won with peewee eggs (Tom was right), and her cooking method is described in today's recipe. What an awesome family event! Have fun and keep cracking!



I know Easter has been over for a couple of weeks, but I just had to tell you the story of an event that friends of mine host. Every year at Easter, their entire family gets together to celebrate, given their heritage, there are lots of perogies, cabbage rolls and keilbassa to be enjoyed (wish I was invited)!

And part of the festivities involves their annual egg-cracking contest. What is an egg-cracking contest? Well, that's exactly what I asked and that's how the story ended up coming to you now. No one knows exactly when this tradition began, but they think it was around 1950 and it has taken place every single year, without missing one! In 1980, it got really serious and a trophy was created, which bears the name of each year's winner.

Here's how it works. Everyone in the family participates, whether you are two or 92. Each person has a dozen eggs. They all stand in a circle and you begin cracking eggs end to end with the person beside you. For some crazy reason, apparently one egg always cracks, but not the other. The object of the game is to be the last one with an uncracked egg.

The winner gets their name on the trophy, gets to keep the trophy until next year and for the most

Hardboiled eggs

for the Egg Cracking Contest

INGREDIENTS

- 1 dozen eggs (pee wee size)

METHOD

VERY gently place eggs in a large pot. Cover with cold water. Bring eggs to a boil and immediately remove pot from heat. Cover the pot and let eggs rest for 10 minutes in the cooking water. Remove eggs from water and transfer to refrigerator.

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