



Local Media association

**NEWSPAPERS CANADA** 

# It's time to fight the silent killer

It seems strange that one of the deadliest forms of cancer receives just a small percentage of research funding.

But that's the case for pancreatic cancer, which strikes about 4,700 Canadians annually and kills three-quarters of those diagnosed within a year.

Pancreatic cancer is the fourth leading cause of cancer death in Canada and most people who develop it do so without any predisposing risk factors.

Perhaps the biggest risk factor is increasing age; it typically strikes individuals older than 50.

It can also appear in younger people, particularly individuals with a family history of the dis-

Since the pancreas lies deep in the stomach in front of the spine, pancreatic cancer often grows silently for months before it is discovered.

"People are shocked to learn that it claims nearly as many lives each year as breast and prostate cancer yet remains somewhat of an 'underdog' - under funded, misunderstood and under recognized," notes Pancreatic Cancer Canada.

The agency references a report by non-profit institute Charity Intelligence Canada, stating less than one per cent of research and charitable funding goes to the fourth-leading cause of cancer-related deaths.

The eight per cent survival rate hasn't changed in decades and only a relative "handful" of scientists focus exclusively on pancreatic cancer.

Cindy Greene knows firsthand the devastating impact of pancreatic cancer. Her husband, Dick, died only 10 months after being diagnosed with the disease.

"It is really a horrible, horrible disease," she said. "If you can have surgery, your survival rate goes up a wee bit, but not a whole lot."

Government and private investments in researching other forms of cancer have certainly paid off over the decades, leading to greatly improved treatments and survival rates. It's time more attention be paid to one of the deadliest forms of this disease.

For more information, visit pancreaticcancercanada.ca

#### The Independent & Free Press

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# Letters to the editor

## Where's the **CCAC** care?

Community Care Access Centre (CCAC) produces a very glossy website page of the wonderful assistance provided for needful persons.

A "care manager" decides which and how much service is provided. This is done by an assessment, which is made cious recipes. without visiting or telephoning to assess the real needs.

A double stroke victim, and a senior, left with shoulder trouble, no use of the arm and hand, swollen hand and foot, very poor balance, only able to move with wheelchair and walker was as-

### Thanks for the grub

Re: Georgetown Bread Basket High School Cook-off

On March 28 the Real Canadian Su-

perstore and the President's Choice Cooking school sponsored the Georgetown Bread Basket High School Cook-off.

The purpose of the event is to bring awareness to the types of foods that are commonly found at the food bank and the foods that we are typically short on. Also to get some creative recipes from the students. CTK and GDHS put together a team of chefs and with limited food selection and time came up with some deli-

These recipes will be featured in the What's Cookin' Section of the IFP in coming weeks. This was all made possible by the generosity of the PC cooking school who provided the venue for the event as well as the staff to manage it. Also the Superstore provided all the food and also sessed in the manner above and allocat- sent three grocery carts full of food to the ed one hour, one day per week and that food bank. So a big thank you to Lori Gysel only for a short time. So much for CCAC. (PC cooking School) and John Cservenyak Alex Tough, (RCCS Georgetown) for taking this idea Georgetown and making it happen. Also can't forget the teachers and students from the two high schools who really cooked up a storm and made it a really fun event.

> Jacqui Gomez, Director Georgetown Bread Basket

#### Merci et bravo

As a francophone living in Georgetown for the past year and a half, I wanted to take a moment to congratulate Sonia Labbé and The IFP for giving a little space in your newspaper for the growing francophone community that is part of Georgetown. We were very happy to see this new section appear in the newspaper recently and look forward to seeing it grow and bring the francophone community together.

Bravo Sonia et merci de l'initiative, au plaisir de continuer a en apprendre sur ce qui se passe en français a Georgetown!

Francis Richard & Melanie Tremblay

