

# COMMENT

## Sourdough starter is key to a good bread dough

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### What's Cookin'

this long fermentation, allows the naturally occurring yeast and bacteria to develop and will ultimately yield that slightly sour taste that we all love from a sourdough bread.

I was reading an article about a woman who has a sourdough starter that is about 125 years old. It was started the same year the Eiffel Tower was built. Imagine how many people have enjoyed bread, pancakes, biscuits from that one batch of starter, begun so long ago.

Not sure if there's anyone out there that has a well established starter, but if you do and you're willing to share a bit so that I can get one started, please let me know! You can email the address shown here.

In the meantime, have fun and keep cooking!



### Cheesy Onion Bread

Makes 1 loaf

#### INGREDIENTS

- 1 round sourdough loaf
- 1 1/2 cups grated old cheddar
- 1/2 red onion, minced fine
- 1/2 cup butter

#### METHOD

1. Slice bread, three quarters of the way through (leaving attached at the bottom) into 10 slices.
2. In a small fry pan, melt butter, add onions and sauté until onions are soft, only a couple of minutes.
3. Brush butter and onion mixture onto both sides of each slice.

4. Sprinkle cheese in between each slice and over the top.
5. Bake uncovered at 350 degrees F. for approximately 20 minutes until cheese is melted and bread is hot.
6. Serve and enjoy!

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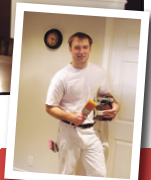
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