

Karmy Chronic Pain Medical Clinic

We are an OHIP covered Medical Doctor supervised treatment centre that provides care for patients who suffer chronic non-malignant pain from headaches, neck pain, shoulder pain, back pain and fibromyalgia.

We have offices in Brampton, Mississauga and North York
Monday to Friday 9:00 am to 5:00 pm

Our friendly staff would be happy to speak with you.
Please contact us at **905-456-6816**

Or

Please have your Family Physician Fax a Referral Letter to 905-456-0490

NEWS

Police plan St. Patrick's RIDE checks

This year's well-celebrated St. Patrick's Day falls on Tuesday, March 17. Halton Regional Police officers will be out on Tuesday ensuring those that clink glasses won't clink cars.

Recognizing that many Halton residents will celebrate St. Patrick's Day this Friday or Saturday night instead, motorists should expect to see several RIDE programs in effect and also note a higher uniform presence patrolling in licensed establishments over this weekend, educating the public about impaired driving and enforcing the laws.

This team will be also be focusing their efforts on conducting bar checks at licensed establishments and reminding the staff of their responsibilities under the Liquor License Act, and encouraging staff to call police should they suspect a patron is about to drive a motor vehicle while impaired.

Informative St. Patrick's Day fliers will be handed out at RIDE checks across the Region in efforts to educate the public and spread the word about the consequences of impaired driving.

Spring melt may cause flooding

Following record breaking cold in January and February, conservation authorities remind residents of the dangers near streams, rivers, ponds and lakes as spring gets closer.

Environment Canada monitoring shows this past February set a number of cold weather records, including coldest daily temperature and no days above zero in individual cities. The bone-chilling cold has led to widespread ice cover in Greater Toronto Area rivers and streams as well as the Great Lakes.

Warming temperatures and spring rainfall are likely to speed up melting ice and snow.

This will lead to higher, faster flowing water and potentially quicker ice break-up in water-courses. There could be increased risk of localized flooding in low-lying areas and in areas where ice jams might occur.

Conservation authorities in the GTA will continue to closely monitor changing conditions. They will issue flood outlook and flood warning messages as necessary. For more info:

- Conservation Halton <http://www.conservationhalton.ca/> (905) 336-1158
- Credit Valley Conservation <http://www.creditvalleyca.ca/> (905) 670-1615.

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