

TOM HERSTAD

Regal Lighting Designs

Tom Herstad, the owner of Regal Lighting Designs has been lighting up Halton Hills for over eleven years and has a new office at 115 Main St. S. They are LED lighting designers in exterior/interior/landscaping and a LED lighting product provider for residential/commercial and industrial areas. To assist with energy savings, they facilitate government rebates for their retail, commercial and industrial customers.

They provide concepts that revolutionize the approach to lighting with different beam patterns, intensities and lighting ideas. "When you control the lighting in this way, you control where people look, what they experience and what they will remember" says Tom, all while offering safer, energy efficient and environmentally responsible quality LED products.

Their unique approach to lighting has been sighted in the Canadian Homes & Gardens, The Toronto Star, The Toronto Sun, Revive magazine, HOSS Magazine, Forum Magazine and the Ottawa Citizen. Not to mention, their television debut on HGTV shows "Decked Out" with Paul Lafrance and Mike Holmes' "Ultimate Garage"!!

Locally, they have converted the Co-Operative insurance building and HealthEnut to their LED products and in both cases have reduced the electricity consumption of lighting products by 86%!

"LED is the future of lighting, but it's not tomorrow, it is today" so give them a call and they would be happy to meet with you

<u>Regal Lighting Designs</u>

Your Experts in LED Lighting



NATALIE MOFFATT



Avita Integrative Health & Restoration Clinic

Karen, 49, was happily married, enjoyed life & sex. Then Menopause hit bringing unbearable hot flashes, mood swings, irritability, unacceptable weight gain & low libido. All her blood tests including Thyroid were normal, but Karen knew something was wrong. Then she completed a Saliva Hormone Test to establish a baseline & started a customized treatment plan of **Bio-Identical** Hormones

Avita has had great success in treating perimenopause, menopause & thyroid imbalance with an individualized approach beginning with a Saliva Hormone Test. Many women will suffer from symptoms of undiagnosed Hypothyroidism, the unsuspected illness Our Integrative Clinic provides the client with a variety of treatment options to balance hormones through detoxification, nutritional programs &/or precise dosing of Bio-Identical Hormones made by our on-site compounding pharmacy.

Each client is given the opportunity to individualize their treatment plan depending on the intensity of symptoms....it is important to recognize that ONE SIZE DOES NOT FIT ALL.



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Eve's Leaves

Eve's Leaves owner, Karyn McConaghie, along with her family have brought Eco-friendly clothing and home products to Georgetown since 2012. They have recently moved their business home, to a newly renovated studio at 6 Bain Ct. in Georgetown and are celebrating their Grand Re-Opening this weekend November 1 & 2, 10-4!!

Eve's Leaves is a collective of ethical, sustainable Canadian designed fashion for the Earth-friendly woman,

specializing in convertible fashion. They bring you designs and fabrications farmed, woven and manufactured within North America, some exclusively made in Canada (Toronto and Vancouver). with a vision of growth and supporting a "shop local" mentality, they are now proudly working with 7 designers, six of which are Canadian and one American, all with the same vision of eco-friendly forward-thinking fashion.

Join their ever-growing fan base of customers who share their passion for eclectic, organic and unique fashions. Check out their new studio or shop-on-line to see all of their amazing products.



905-864-5215 evesleaves@hotmail.ca • www.evesleaves.ca



Retreats Inc.

If you're looking for a general contractor who offers high quality home and office renovations, project management and design build services, then contact Greg Moffatt of Retreats Inc. Greg has been in the industry for over 25 years, completing his apprenticeship in the late 80's and has

completing his apprenticeship in the late 80's and has been a licensed carpenter since 1992. He chose this line of work because he loves to build things and enjoys working collaboratively with other team members and clients to make each of his projects a success. He continually attends regular training for new techniques, practices and products to ensure that he is up-to-date for his customers. Retreats has been established for 10 years with one licensed electrician, three licensed carpenters by the end of 2014, and a new apprentice that will be registered in 2014, and a new apprentice that will be registered in the spring of 2015. They are members of BILD (Building Industry & Land Development Ass.), as well as the GTA Home Builders Association, Ontario Homebuilders Association and proud supporters of

Habitat for Humanity. "Halton Hills small town atmosphere is a great place to work and live", says Greg, without the hustle and bustle of the big city. He always enjoys meeting new people and working together with them to make their vision become a reality!

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FLOYD, TAMMY, GREG, STEVE, EVAN, NORM

Acton Auto Tech Inc.

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Floyd Foster and his staff at Acton Auto Tech Inc. enjoy the satisfaction of going above and beyond for their customers. Many hundreds of area residents have come to depend on them, and to rely on the technical expertise of their friendly staff to keep family vehicles in peak running condition.

In business for 24 years, they provide a full service of automotive repair services, emission testing and are able to work with all different types of makes and models of cars.

If you're looking for a used vehicle, they have a big selection to choose from and will ensure you find the perfect car for your needs. Their sincerity with customers, guarantees they get the most accurate analysis for any car repair issue that they might have. Helping people with automobile problems is their #1 concern and they want to ensure that they get you back on the road safely!

They enjoy the small town atmosphere where all of their customers are friends and they are treated like family. Customers keep coming back because they feel confident in knowing that they are valued and respected and whatever car issue they have, will be fixed!! Come in and see for yourself, you won't be disappointed.

Acton Auto Tech IIIC,

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Newly opened!! Menchies Frozen Yogurt has been opened since July and owner Natalie Moffatt has been enjoying meeting all the new customers that have come into her store They offer self-serve frozen yogurt and have over 150 different flavours that are continuously being rotated. They

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aim to provide quality, variety and innovation for every guest and with so many different flavours and toppings that is not a problem! They use high quality ingredients, milk from Canadian Dairies, which make it a good source of calcium, but they do also offer gluten-free, vegan and No high fructose corn syrup options. Their yogurt is certified Kosher and awarded the live and active culture seal by the National Yogurt Association

Menchies

Natalie is a Georgetown resident who enjoys being able to give back to the community and in these few months of being open has been able to support local teams, schools and fundraised for various charities. On November 15th, they will be having an in-store fundraiser for "Home Suite Hope". It's an organization that provides transitional housing to a homeless population that exists in Halton Region and they will be donating 20% of every purchase to this worthwhile cause. Please show your support, while enjoying a delicious frozen yogurt!

> menchies georgetown 158 guelph st (across from CTK) menchies.ca f Menchie's Georgetown ♥ @MenchiesGtown