

Local trio in duathlons



From left, Sharon Sargent, Jean Cherwaiko and Lori Martin turned in excellent finishes at a couple of recent triathlons. Submitted photo

Three Georgetown women posted top-10 finishes in their respective age groups at the recent Wasaga Beach Triathlon, which was switched to a duathlon due to high waves. Jean Cherwaiko placed first in the women's 40-49 age group, covering the 5-km run, 20-km bike and 2.5-km run course in a time of one hour and 16 minutes. Sharon Sargent placed fifth and Lori Martin was ninth. At the Women's Triathlon in Milton in late August, which also had to be shortened to a 2.5-km run, 24-km bike, 4.8-km run duathlon, Cherwaiko finished second, Sargent was 10th and Martin 16th.

Spencer 4th at NCAA tourney

Georgetown's Samantha Spencer has enjoyed a good start to her freshman year at Fresno State University in California with a top-five finish for the Bulldogs' varsity golf team at a tournament the school hosted earlier this month.

The 18-year-old Club at North Halton member placed fourth at the Fresno State Classic after rounds of 73-75-75 in just her third NCAA Divi-

sion I event of the fall schedule to finish six strokes back of the winner.

Christ the King S.S. graduate Spencer, a sports marketing major, initially signed a letter of intent to attend North Carolina State University last fall, then switched to Fresno State during the summer.

This week, the Bulldogs are in Indiana for the Hoosier Fall Invitational.



CtK's Jaguars took top spot in the Frank Hayden junior boys' volleyball tournament recently with a tense three-set win over Uxbridge. Team members (front, from left) are: Braden O'Connell, John Vezina, Brady Borges, Nick Krsikapa, Alessio Luna. Back row: Coach Evan Pray, Jayson Tate, Evan Chenier, Matt Atkins, Ben Basilio, Jimmy Monaghan, Mike Korzeniewski, Karol Chlebek, coaches Meaghan O'Brien, Carla Favero. Absent: Connor Winters. Submitted photo

Jr. Jaguars court early success

Off to a 6-0 start in Halton high school boys' volleyball league play, Christ the King's junior Jaguars sent notice that they'll be a title contender this fall by winning the 20-team Frank Hayden tour-

namment earlier this month in Burlington.

The Jags rolled through the preliminary round and play-offs to get to the final against Uxbridge.

The teams split the first two

games before CtK emerged victorious in the tiebreaker 18-16.

CtK's junior and senior teams will each host 12-team tournaments this Friday at the school.

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If you are a Canadian Veteran receiving assistance through the Veterans' Independence Program (VIP), did you know that you can apply some of these funds to services offered at a retirement residence!

The monthly fees charged at residences can be divided into two components: rent and services. These services include many of the same services given to help vets in their homes - services such as providing meals, housekeeping, laundry services and bathing assistance.

Because living in a retirement home, is considered the same as living in your own home, you are entitled to apply the VIP assistance money towards some of these same services offered in the residence.

Please note: On February 15, 2005, amendments were made allowing primary caregivers of all vets receiving housekeeping and/or grounds maintenance services to continue receiving these services after the vet either passed away or were admitted to a long term care facility.

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SUSAN S. POWELL

Q. I have been living with my boyfriend for 4 years. He owns the house we live in and he pays the bills for the house but I pay for the groceries and other expenses. He wants me to move out. Does he have to pay me spousal support (his income is much higher than mine) and can I make a claim against his house?

A. You can make a claim against a common-law spouse for spousal support if you have lived together for 3 years or longer or if you are the parents of a child and have had a relationship of some permanence. Property claims are different when you live common-law or are married. If you live common-law you do not have a claim against your boyfriend's house, unless you made a substantial and direct contribution to the preservation, maintenance, operation or improvement of the property, which should entitle you to an interest in the house. If you wish to further discuss this situation please contact me to ensure you understand your rights.