

Death Cafe comes to town

What if accepting death meant that we could find more purpose and meaning in our lives? What if remembering that death is coming for us, actually helped us chose to live more fully, joyfully and consciously?

Most people find death a very uncomfortable topic to discuss. Death denial is common in our society, and that can make dealing with the end of life very difficult. A Death Cafe is a chance to have thoughtful, respectful, and engaging conversation with others about death and dying, over a great cup of coffee or tea, while enjoying delicious treats. The objective is to increase awareness of death with a view to helping people make the most of their (finite) lives.

The popularity of death cafes has risen dramatically over the past three years, spreading quickly across Europe, North America and Australia. According to the website for the movement, www.deathcafe.com, over 1,000 death cafes have taken place since September, 2011.

A Halton Hills Death Cafe, on Oct. 7, will be facilitated by Marion Willms, a registered nurse working in palliative care, and Ellen Newman, a funeral celebrant and former Unitarian Lay Chaplain who is currently enrolled in

the Funeral Service Education program at the Humber Institute for Technology and Advanced Learning. The women met as students of the Contemplative End of Life Care program at the Institute of Traditional Medicine in Toronto. They discovered a mutual interest in the death cafe concept and decided to attend one together. The experience was so positive they wanted to facilitate one themselves.

"It wasn't at all what most people think, and so much more than I'd hoped," said Newman. "The conversations are not directed, but they don't need to be. It seems there is a hunger out there for a safe place to discuss death, and to process the profound experiences we have."

Willms was able to secure the assistance of a local Georgetown business—Schillaci Cafe & Espresso Bar—in providing a venue for the Death Cafe, which will take place Tuesday, Oct. 7 from 7-9 p.m. The event is free to attend, but donations of any amount will be gratefully accepted, to offer to Schillaci's staff.

Space will be limited. Those interested can register by emailing haltonhillsdeathcafe@gmail.com, visiting the www.deathcafe.com website or by calling 905-965-0271.

ONE NIGHT ONLY!

International Johnny Cash Show Comes to Georgetown Theatre



"Johnny Cash: From Memphis to Folsom" comes to Georgetown on Sunday October 26th

"Ring of Fire" "Boy Named Sue" "I Walk The Line" "Folsom Prison Blues" "Jackson"...calling all Johnny Cash fans! Don't miss the international touring show "Johnny Cash: From Memphis To Folsom" when it comes to the intimate John Elliott Theatre in Georgetown on Sunday October 26 for a special matinee performance @ 3pm.

Starring as "The Man in Black" is the amazing Jim Yorfido, who truly captures both the distinctive look and incredible Baritone voice of Johnny Cash in his incredible, audience-interactive performance. Backed by exciting The Memphis Cats band, the Georgetown show also includes the lovely, talented and fun-loving Pam Yorfido as June Carter.

Musically, "From Memphis to Folsom" covers the entire career of "The Man in Black" including all of Johnny's biggest hits and his famous duets with June Carter. As a special bonus, during an acoustic segment of the show, audience members will even get to pick which Johnny Cash song will be performed.

Tickets for the Johnny Cash show in Georgetown are value-priced at only \$32 Adults/\$29 Seniors, available by phone # 905 877 3700, or pick-up at the theatre box office, located at 9 Church Street Georgetown, or online at www.HaltonHills.ca/theatre. Get your tickets early for the best seats!

Is Your Furnace Keeping You Awake At Night?



Rent a new, high efficiency furnace from Sandpiper with rates starting at **ONLY \$34.95** per month*

Remember how frightfully cold it was last winter? If your furnace is making some "spine-chilling", scary sounds; it's time to warm-up to a new, high-efficiency furnace from Sandpiper.

Benefits include;

- Better air quality and less damage to furniture, (when paired with modern humidifier and/or air filtration system)
- Significant energy savings
- More comfortable, controllable heat
- Popular rental options ease your cashflow

*Certain conditions apply

Sandpiper ENERGY SOLUTIONS HOME COMFORT

Call 1-888-275-1931 (TOLL FREE) or visit sandpiperenergysolutions.ca



JOHNNY CASH

★ FROM MEMPHIS TO FOLSOM ★

STARRING THE AMAZING
JIM YORFIDO

SUNDAY, OCTOBER 26th @ 3:00 P.M.

HEAR ALL THE HITS including "Ring of Fire"
"I Walk The Line" "Boy Named Sue" "Jackson"

JOHN ELLIOTT THEATRE
9 Church Street, Georgetown
905-877-3700
www.haltonHills.ca/theatre

TICKETS \$32
\$29 SENIORS