### What's Cookin': What to do with all your garden tomatoes

It's tomato season. Seems like we waited an extraordinarily long time to see tomatoes coming off our own plants in the garden. I guess the cool weather didn't help them along. Anyhow, they're here now! The trouble is, what to do with them when you get so many at once? The last couple of years, we have been freezing ours. I must admit that most of the time I'm too lazy to do much canning. But it seems that all you need to do is wash the tomatoes, seal them in plastic baggies and toss them into the freezer. Then, later in the winter, take them out, put in a bowl to preserve any leaking juices and thaw. Once thawed, the skins just come right off (even though you haven't cooked them or anything yet). Then, drop them into a pot for fresh tomato soup or spaghetti sauce or ratatouille- whatever you like. Since this discovery, that is how

Fresh Tomato Dressing

• 2 large or 3 small tomatoes (any colour),

• kosher salt and fresh ground pepper,

**Ingredients** 

to taste

• 4 shallots, minced

• 1/4 cup white wine vinegar

• 1/2 cup extra virgin olive oil

• 1 tsp fresh lemon juice

#### **Lori Gysel & Gerry Kentner**



we handle all of our extra tomatoes.

In the meantime, to keep your tomatoes in the best shape for eating, do not refrigerate them. Tomatoes don't like to be cold. They change in texture and taste- both for the worse. Keep your tomatoes on the counter and only cut them right before eating. I often take a whole one in my lunch and then quickly cut it up onto my salad or sandwich once lunchtime arrives. And to protect it from getting squished, I put it inside an oven mitt. Weird, yes, but it works!

Happy Birthday to my sister, Stephanie today! Have fun and keep cooking!

#### • 1 tbsp fresh chopped basil (optional) Method

1. Dice tomatoes and mix with minced shallots.

> 2. Blend vinegar, oil, seasonings and lemon juice. Pour over vegetables. Let rest at least 1 hour to develop flavours. Do not refrigerate.

3. Serve over fresh lettuce with sliced avocado or any greens.

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#### GEORGETOWN LITTLE The youth general meeting is this Saturday, information September 6th - Registration is at 12 noon -905-877-3422

#### YOUTH CO. ONE ACTS-Y1A

November 27-29 2014 @ GLT Studio

Each fall the Youth Co. presents a festival of One Act Plays, produced, acted and directed by Youth Co. members.

meeting at 1pm at 33 Stewarttown

Auditions are in September.

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