

Halton Highlights

September 2014



Back to school information and resources at your fingertips!

From homework tips to information about healthy child development and everything in between, HaltonParents.ca offers resources to help parents, children and youth get back into the school routine. We have information on a wide range of topics including:

- Getting your child ready for kindergarten (*Ready, Set, Go* calendar)
- School immunization requirements
- Healthy child development (all stages of growth)
- Bullying prevention and internet safety (including cyber bullying)
- Injury prevention (pedestrian safety, helmet safety, water safety, concussions)
- Preparing your child to be home alone
- Healthy eating
- Physical activity
- Body image and self-esteem
- Oral health
- Helping your children prepare for the transition to high school

HaltonParents is our online community for parenting information and resources. Regional public health nurses and child development staff are writing, tweeting and posting information to help parents support their children at all stages of childhood and adolescence. So, if you're a parent in Halton, check out HaltonParents.ca. The team is ready to answer your parenting questions or concerns. If they don't know the answer, they can connect you with community services in Halton who can.

Connect with us online at HaltonParents.ca, on Twitter @HaltonParents, on Facebook or by email at HaltonParents@halton.ca. You can also dial 311 to speak directly with a public health nurse.

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Keeping you informed by highlighting what makes Halton a great place to live.

Harvest Halton

Looking for a unique culinary experience this fall? The 2nd annual Harvest Halton event takes place at Country Heritage Park in Milton (8560 Tremaine Road) on Sunday, October 5 from 1 p.m. to 5 p.m. Tantalize your taste buds and sample unique dishes created by award winning chefs from Halton Region's renowned restaurants. Each chef will be paired with local farmers who will provide signature ingredients fresh from the harvest.



You can enjoy samples and learn more about our local microbreweries and a local fruit winery. Enjoy live music, an artisanal market, wagon rides, and speak directly to local farmers to learn more about the benefits of eating local. This is sure to be a fun, informative and delicious experience. Discover the true taste of Halton. Rain or shine—we've got you covered! For more information or to order tickets online visit Halton.ca/harvesthalton.

Safety on our roads

Safety on our roads is a priority for Halton Region and the Halton Regional Police Service. Earlier this summer we introduced a new community safety zone on Dundas Street in Burlington and with the start of the new school year, it is timely to remind everyone to be alert and drive safely on all our roads. If you are a parent with children who are walking or cycling to school, halton.ca has information and resources that can help you teach your child about road safety.

Meetings at Halton Region

1151 Bronte Rd., Oakville L6M 3L1

Meetings can be viewed at Halton.ca/meetings.

- September 23 9:30 a.m.** Health & Social Services Committee
- September 24 9:30 a.m.** Planning & Public Works Committee
- September 24 1:30 p.m.** Administration & Finance Committee



Please contact us as soon as possible if you have any accessibility needs at Halton Region events or meetings.

This page has been donated by this newspaper to communicate important information to Halton residents at no cost to taxpayers.