

Transported Before & After School

MARTIAL ARTS Program

We Pick up from ALL GEORGETOWN AND ACTON SCHOOLS!

WWW.GEORGETOWNMARTIALARTS.CA

KINDER KARATE
Ages 4 & 5 YRS

Junior Achievers Martial Arts Success System
Ages 6 to 8 YRS

Special Winning Attitude & Leadership Development
Ages 9 to 11 YRS



STRUCTURED ACTIVITIES FOR AFTER SCHOOL PROGRAMS INCLUDES:

- ➔ Goal Oriented Progressive Martial Arts Curriculum ➔ Snack Time ➔ Quiet Time/Reading Time
- ➔ Healthy Physical Activities For Fitness ➔ Daily Supervision & Assistance For Homework
- ➔ How to Handle the School Yard Bully

STRUCTURED ACTIVITIES FOR BEFORE SCHOOL PROGRAMS INCLUDES:

Martial Arts Daily Healthy Exercises Designed for Children's Alertness & Awareness as they prepare for the School Day.

- ➔ Goal Oriented Progressive Martial Arts Curriculum ➔ Stretching ➔ Obstacle Course
- ➔ Strength Development ➔ Martial Arts Games For Fitness ➔ Mini Olympic Games

PROGRAM BENEFITS

- ➔ Unshakable Confidence ➔ Attention Span Development ➔ Respect for Self & Others
- ➔ Positive Attitude Development ➔ Self Discipline ➔ Balance & Coordination
- ➔ Martial Arts Code of Conduct ➔ Communication Skills ➔ Interacting With Other Children
- ➔ Life Skills Education & Character Development

Before & After Program Includes: P.A Camps, Early Dismissals, March Break Camps & Summer Camps

Before school drop off (Between 6:30am - 8:00am) After school pick up (Between 5:15pm - 6:15pm)

211 Armstrong Ave/Sinclair in Georgetown 905.873.2809