

What's Cookin': Lori's at the Market

Today's recipe is a great treat for a summer BBQ and a nice change from a beef burger. If you want to change it up a bit, you can also pop a few shrimp into the food processor with the salmon—use thawed, raw, peeled and deveined shrimp. See how you like the salmon and shrimp burger combo!

It's market season now and most of you are fans of the Downtown Georgetown Farmers' Market. It is held on Main St., 8 a.m. to 12 noon every Saturday, going through to sometime in October.

This year I (Lori) will be acting as Market Chef— one Saturday morning a month from about 9-11 a.m. You'll find

Lori Gysel & Gerry Kentner



me at the Farmer's Market booth – in the new expanded market area– the Town parking lot beside the Lily Thai restaurant. Anyhow, I'll be cooking up a recipe each time featuring produce in season – so come out and say hello and try a free sample! We'll have recipes for you, of course! The first date is Saturday, June 21– hope to see you there!

Have fun and keep cooking!

Fresh Salmon Filet Burger

Makes 6 burgers

Ingredients

- 1 lb fresh filet of salmon
- 1 egg
- 2/3 cup fine bread crumbs
- 1 tbsp Dijon mustard
- 1 tsp Old Bay seasoning
- 1 tbsp fresh lemon juice
- 1 tbsp fresh lemon zest
- 2 tbsp mayonnaise
- 2 tbsp fresh chopped chives
- fresh ground black pepper



Method

1. Remove all skin from salmon. Cut

into chunks and pulse in food processor until coarse (not pureed). Remove salmon to a bowl.

2. Add all remaining ingredients and mix.

3. Chill until firm enough to handle, then form into patties.

4. Cook on medium grill for 3-4 minutes per side or bake in 375 degree F. oven for

10 minutes.

5. Serve on toasted hamburger buns of your choice with tartar sauce or lemon dill dip.

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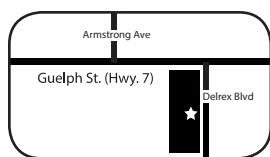
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