



ERAMOSA

The IFP. Halton Hills Thursday, May 22,



PHYSIOTHERAPY

YOUR PATH TO IMPROVED HEALTH

With our 17 year history, Eramosa Physiotherapy Associates (EPA) has moulded a unique approach for physiotherapy and coined it "Your Path to Improved Health." Our layered approach gives patients the benefit of accessing experts in physiotherapy, where the physiotherapists are backed www.eramosaphysio.com by a superior administration customer service approach.

EPA has built our reputation for excellence in physiotherapy through our ongoing commitment to research and program development in post-surgical, shoulder, low back and knee rehabilitative processes. Our experienced and advanced credentialed physiotherapists have developed other unique programs including: Concussion Management, Pelvic Health & Occupational Wellness Programs, including Post Offer Employment Programs.

When you want to be in expert hands, let EPA help you

Two Halton Hills locations:

372 Queen Street, Acton 519-853-9292

333 Mountainview Road South, Georgetown 905-873-3103

Ontario

 65+ Refresher Course Fire Fighter Specials

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TRUCK TRAINING Academy

Oshawa • Brampton • Peterborough

Ministry of Transportation - Approved TTSAO Air Brake Endorsement Course

Air Brake Course - June 7th & 8th AZ Course start date - June 2nd





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Saturday, May 24

Plant Sale: The Norval Community Association will hold its annual plant sale this Saturday at the four corners in Norval from 9-11 a.m. For info call 905-877-7059.

'Gwen's Treasures' Sale: In memory of Gwen Robertson, a sale of "Gwen's Treasures" will be held at Boston Presbyterian Church. 9185 3rd Line, north of 5 Sideroad. Many collectible dolls, bears, etc. All proceeds go to Boston Church.

Sunday, May 25

Memorial Day at Limehouse Presbyterian Church Cemetery: 12418 Sixth Line, at 11 a.m. Rev. Steven Boose will lead worship. Luncheon will follow service. All welcome.

Registration for Georgetown Scouts: for 2014-2015 Scouting year, 10 a.m. to 2 p.m. at Georgetown Market Place. Early bird price \$175 per child.

Churchill Community Church 176th Anniversary: 11 a.m. A special service followed by a time of fellowship and lunch. All are welcome. Please join us at Churchill Community Church located at 14406 Churchill Rd. N., Acton. Info: 519-853-4380.

Acton Remembers When...: 2 p.m. at the Acton Town Hall Centre. Reminisce about local history with Stella Brunelle, Jessie Coles, George Elliott, Shirley McKeown, Bill Nelles and Ted Tyler with moderator Mark Rowe. Silent auction of Acton memorabilia. Tickets \$20, at Acton library or at the door. Info: 519-853-5302 or info@actontownhall.com

Purina Walk for Dog Guides: 5 K walk in Cedarvale Park by the leash-free zone, beginning at 9 a.m. There is no registration fee and 100% of funds raised go towards providing Dog Guides. Info/to register, or donate, please visit www.purinawalkfordogguides.com.

Plein Air: On Wednesdays, 1-4 p.m. and Sundays, 1-4 p.m. in Norval's Willow Park Ecology Centre. Bring your own materials. Sponsored by Credit Valley Artisans and Willow Park Ecology Centre.

Bruce Trail hike: Eight-kilometre loop hike at medium pace, moderate terrain. Depart 10 a.m. from Georgetown Market Place parking lot, south of medical building, east of Wal-Mart. Destination will be determined on day of hike. Dress for weather, bring lunch

Community

and water. Leader Paul Vanhanen: 905-877-

Union Presbyterian Church Anniversary: Musical guests are the Kerr family for the church's anniversary. Located at 16789 22 Sideroad. Service begins at 10:30 a.m. A luncheon will follow the service.

Monday, May 26

Bike To Work Day: People are encouraged to ride their bikes to work today. The Town will celebrate by hosting a noon hour bike ride departing from the Civic Centre at 12 p.m. and follow a ride along trails and through quiet neighbourhoods to the Fairgrounds where there will be a picnic lunch. Please bring your own lunch. We supply water and freezies. Register at hhcycling@haltonhills.ca. More cycling info at http://haltonhills.ca/CyclingEvents/index.php

Halton Hills Quilters Guild monthly meeting: 7 p.m. at. Hillcrest United Church, 8958 Trafalgar Road, Georgetown, at the corner of Trafalgar and 5 Sideroad. New members/guests welcome \$5. Contact: Flo Belford, President 905-876-0267 or fbelford@sympati-

Open Grief Support Group: 7-8:30 p.m. at Norval United Church, 486 Guelph St. Info: Paul Ivany, 905-877-6122, paul@norvalunited. ca, www.norvalunited.ca.

Tuesday, May 27

Georgetown Central BIA Annual General Meeting: 7 p.m. at Knox Presbyterian Church, 116 Main St. S., Georgetown.

Georgetown Osteoporosis Support Group: meets at the cooking class room upstairs in the The Real Canadian Superstore, Guelph St., Georgetown, at 7:15 p.m. Info: Pam Lowden 905-702-9276.

Coffee, Books and Computers in Acton: Join the staff at Halton Hills Public Library, Acton Branch, 2-3:30 p.m. for some books, coffee and a "byte" of computer help. In partnership with the Acton Seniors Recreation Centre, Library staff will help you explore the latest in books and answer basic computer questions. Book discussion is encouraged while refreshments are served. Info: 519-853-0301 or www.hhpl.on.ca



Thank You

Acclaim Health Personal Support Workers!

"If I didn't have the help, I wouldn't be able to stay by myself."

~Denise Faucher





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