ALS Canada (Lou Gehrig's Disease), in conjunction with the Ballroom Health Dance Academy present Dance Xtravaganza on Saturday, April 12, 8 p.m. at the John Elliott Theatre.

All proceeds to ALS Can-

There will be many performers from Canada and other countries who are coming together

to raise awareness about the devastation created by ALS. Entertainers include emcee Russ Horton of D-Moos Radio, Edgar R. Franco and Victoria Grieve, world acclaimed ballroom and latin dancer, The Ballroom Helath Competitive Showcase Team, Genevieve Hooker, award winning professional tap dancer. Robin Teeuwen, internationally acclaimed tap dancer, Tamar Ilana and Shirley 'La Pili' Pincay, world-acclaimed flamenco dancers, Steve Nelson and Marion Foers, world class ballroom and latin dancers, Kim Chalovich and What's On? Tap! - an intertainally accliamed allfemale professional tap company and Rosemarie Chales and Thomas Hooker. Ballroom Health owners and program instructors.

Tickets: \$35 at the John Elliott Theatre Box Office: 905-877-3700 or www.haltonhills.ca/theatre

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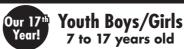
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Best Buy CORRECTION NOTICE

NEWSPAPER RETRACTION FOR THE BEST BUY MARCH 21 CORPORATE FLYER We would like to clarify the Fido Nokia Lumia 625 (WebCode: 10287747) advertised in the March 21 flyer, page 2. Please be advised that this phone is only available in select stores and it is \$0 with NO gift card NOT \$0 with a \$75 gift card, as previously advertised.

We apologize for any inconvenience this may have caused our valued customers

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By Cory Soal

GETTING USED TO NEW HEARING INSTRUMENTS

A patient who has never worn hearing instruments before, or is wearing a new type or circuit may go through a period of adjustment. The following are suggestions to help you through that adjustment period:

Don't get discouraged. It may take time to realize the benefit of your hearing instruments. You have been hearing through a damaged system that has delivered distorted signals to your brain. Now the sounds you are being exposed to are louder and different than what you are used to. In time, your brain will adjust to the new signals it is receiving

When you first start wearing the hearing instruments, you will suddenly hear sounds you were previously unaware of. Many you will recognize as sounds you used to hear before you had a hearing loss, and others will have to be identified for you. These sounds will seem bothersome at first because you are not used to hearing them. In time, like those with normal hearing, you will unconsciously block out these daily sounds.

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