

What's Cookin': Check out mushroomrooms

My family loves mushroomrooms— so much that we could be hobbits. And these days there is actu-

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ally a decent variety in many grocery stores. However, on a recent shopping excursion, Michael and I hit the motherload when we wandered into Fiesta Farms (on Christie St. between Dupont St. and Bloor St. in Toronto).

We were actually headed there for a different ingredient, which is another story entirely. But we landed on a dizzying array of mushrooms— more fresh varieties than I've seen in one place before and many dried. Of course we had to load up and promptly went home to make a mushroom pasta for dinner! But while we were there we also bought some Harmony organic egg nogg (the best egg nog we've ever had) and it comes in the most beautiful glass bottle.

Combine the trip to Fiesta Farms with a walk around nearby Kensington Market and lunch at the pho restaurant on the corner of Spadina and St. Andrew— makes for a really nice afternoon!

Have fun and keep cooking!

Questions or comments, email Lori and Gerry at whatscooking@theifp.ca



Marinated Mushrooms

Ingredients

- 1 lb. whole button mushrooms
- 1/4 cup red wine vinegar
- 1 tbsp balsamic vinegar
- 1/4 cup olive oil
- 1 tbsp fresh chopped thyme or 1 tsp dried
- 1/2 tsp dried oregano
- 2 cloves garlic, minced
- 1/2 tsp celery seed
- 1 tbsp grainy mustard
- pinch of coarse salt
- freshly ground black pepper

Method

1. Clean mushrooms and remove stems. Set aside.
2. Whisk remaining ingredients together and pour over mushrooms in a non-reactive bowl.
3. Let marinate, covered, several hours or overnight.

Great for an hors d'oeuvre/ap-petizer, as a side, as a tapas item or great as a bring along to a pot luck. Will keep for several days.

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