PEOPLE IN BUSINESS SHOP FILLE STOP FOR FILLE STOP FILLE





PETER & SUE **MARROWS**

Ann's Cartage Home, Office & Piano Movers Inc.

Ann's Cartage Home, Office, & Piano Movers Inc. was established in 1968 and has been serving all of Ontario as a successful local and long distance moving company ever since. Sole owner and operator, Peter Marrows started working for the company as a student and in 1988 went on to purchase the company outright. Growing up in Halton Hills for most of his life, Marrows has become well known and respected among the community.

"We take great pride in our work and meeting our customer's needs" says Marrows. "It's the little extras that people appreciate, and we do our best to relieve some of the stress that

Specializing in piano moving, Ann's Cartage also does internal moves as well as moving the contents from your home, condominium, apartment, and office to anywhere in Ontario. All the trucks and staff are dispatched out of Halton Hills and no job is too big or too small.

This well established company is licensed and insured, and all staff are uniformed. trained, and bonded. Many customers over the years have come to know and love Marrows' son David for his great customer service, and Marrows son-in-law Greg Pentland, a long time employee who supervises the teams, for making sure every customer receives top notch

In business for over 40 years now, Ann's Cartage has steadily grown into a successful family owned and operated business that has earned the reputation of going the extra mile to meet the needs of its ever growing community.



Serving all of Ontario since 1968. Call for your Free Estimate Today!



GLEN DEAN & JAMIE WATT

Carpet Barn

This family operated company has been serving the community for over 30 years providing superior products with even more superior service. With their impressive selection of products it's never been easier to get the look you want in the flooring you need. Flooring options range from the more traditional Carpet, Wood and Ceramics to the more modern Cork, Linoleum and laminates. With a strong commitment to their customers and the community it's no surprise they have been awarded the Readers Choice award year after year by the residents of Halton Hills. Visit Carpet Barn and discover for yourself the great quality product and service they offer.

CARPET BARN@CARPET ONE

26 Guelph St., Georgetown (downtown Georgetown) • 905-877-9896 **carpetone.com** • 1-800-Carpet-1

Locally owned & operated by neighbours you've known & trusted for over 35 years.



CONSTANTINE KAROLIDIS

Constantine Karolidis. Halton Audiometric Centre

Constantine Karolidis of Halton Audiometric Centre has

Constantine Karolidis of Halton Audiometric Centre has been helping people hear for more than 19 years. As a hearing instrument specialist registered with the Ontario Ministry of Health, and a member of the International Hearing Society, Constantine is able to perform hearing assessments and dispense a wide variety of hearing aids and assistive listening devices.

"Communication is critical in life. Jobs, relationships and social interactions are all more rewarding when we can confidently communicate - and hearing is vital to that" says Constantine. "Nearly 1 in 5 Canadian adults struggle with hearing loss, a figure that climbs to 1 in 3 for people over 65. The good news is, with today's modern advancements in hearing aid technology, there is no reason to 'just put up' with hearing loss anymore."

hearing aid technology, there is no reason to 'just put up' with hearing loss anymore."

Born and raised in Georgetown, Constantine says "Helping people with their hearing is my passion and I'm very fortunate to be able to practice in a town that I love. It's very rewarding to have clients tell me the extensive positive impact our hearing aids have had on their lives."

If you or someone you know has difficulty hearing, or if you already have hearing aids and want to ensure you are receiving the most benefit you can from them, Halton Audiometric Centre invites you to call them for your complimentary assessment today.

--- HALTON ---AUDIOMETRIC CENTRE **HEARING AIDS & AUDIOMETRY**

905-877-8828 36 Guelph St. Un. 44 (Knolcrest Centre)



CARRIE BURROWS

Carrie Burrows (Georgetown Fitness Boot Camp)

Georgetown Fitness Boot Camp owner-operator Carrie Burrows knows from personal experience that when you look better, you feel

"I was an overweight kid who became an obese teen," she says. "The summer before university, I was miserable and that was a turning

Carrie majored in kinesiology and lost 100 pounds. When she was pregnant, she gained the weight back and then lost it again.

"I've been through the weight loss process on my own," she says.
"Now I get to help other people change their lives."

Over a four-week period, Carrie's boot campers meet for hour-long classes that combine cardio and strength training for a full body workout. She makes things challenging with different weights and equipment for each session. Classes are held outside during the spring and summer and move into school gyms during the cold seasons.

Carrie also provides one-on-one training and nutritional programs to help kids, adults and sports teams meet their fitness goals. Unlike a traditional gym, Georgetown Fitness Boot Camp provides a support system and holds its members accountable, so if you don't show up for class, you will get a call.

"Everybody is there for the same reason: to get healthy and get fit," Carrie says. "I love seeing how lives are changed by being healthy. Impacting people via their health is an unbelievable honour to have."

GEORGETOWN PITNESS BOOT CAMP

Georgetown's ORIGINAL and #1 fat loss program 647-655-0913

Family Optical



DR. FAIROZE POONAH

Dr. Fairoze Poonah

Fairoze Poonah considers himself a "peopleperson" so it makes sense that he has opted to devote his life to helping people by choosing a career as a

"The interactions with patients is what I enjoy most," said Dr. Poonah, who began working at Dr. Kumar's clinic (83 Mill St. Suite 202) in August.

Following four years in medical school, Dr. Poonah graduated in October of 2009, started residency in July of 2010 and graduated in June of 2012.

"I also enjoy family medicine because it takes the illness experience into consideration rather than just the diagnosis," he said.

A Mississauga resident, he enjoys the proximity to

Among his qualifications, he has an honours BSC at the University of Toronto, attended medical school in Belize, clinical training in Chicago and did his residency at St. Joseph's Hospital in Toronto.

> 83 Mill Street, Georgetown 905-873-2402

Dr. Poonah is accepting new patients.



DAVID JOSEPH

In addition to fittings and adjustments, Family Optical also has two optometrists onsite for customer convenience. Customers can contact the store to set up an appointment.

Having been in business for so long, David and staff have developed close, personal relationship with their clients. The staff go above and beyond to make sure their clients feel like they're a part of the Family

Located at the Georgetown Market Place, Family Optical is open Monday to Friday from 10 a.m. to 9 p.m. and Saturday from 9:30 a.m. to 6 p.m.



OPTICAL 905-873-3050

> 280 Guelph St., Georgetown Market Place "Quality & Vision In Sight"