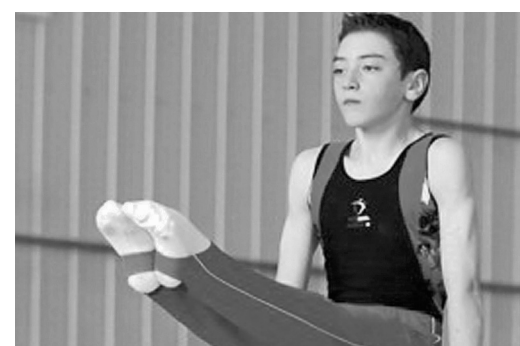


Oehrlein, Sandro shine at national meet

Georgetown's Ryan Oehrlein (left) earned five medals—including two of the gold variety—at the recent Canadian Gymnastics Championships in Ottawa. The 14-year-old member of the Milton-based Gold Medal Gymnastics club placed first on the rings and parallel bars in the HP Tyro Men category and finished third in the vault and horizontal bar to pick up an overall bronze

medal result. Oehrlein collected four medals at last year's nationals in Saskatoon. Gold Medal teammate David Sandro (right), also of Georgetown, was sixth overall in the HP Argo Men division, finishing second on the vault and in a tie for third on rings.

Photos by Bob Oehrlein



SERVICE DIRECTORY

AIR, HEATING & FIREPLACE

ALPINE AIR
Heating & Cooling Inc.
www.alpineairheating.ca
905-877-2877

Over 20 Years Experience

- Sales
- Service
- Installation
- Maintenance

Ask about our AC Tune-Up Special

AIR, HEATING & FIREPLACE

APPLEBY SYSTEMS GEORGETOWN INC.

Feel comfortable with us!

905-877-8990
SALES, SERVICE & INSTALLATION

VISIT OUR SHOWROOM!

118 Guelph St. (at Maple) ~ info@asghomecomfort.com

AIR, HEATING & FIREPLACE

ASBUILT CLIMATE CARE.

- Furnaces
- Air Conditioning
- Pool Heaters
- Gas Piping for BBQ's

Over 20 Years

877-8023
www.AsbuiltClimateCare.com

AIR, HEATING & FIREPLACE

Brooks Heating & Air

sales service installations
905-877-3100
www.BrooksHeatingAndAir.ca

APPLIANCE REPAIR

FIRST CLASS APPLIANCE SERVICE

IN HOME REPAIRS - TRULY HONEST, FAST & RELIABLE SERVICE
24 Hours • 7 Days A Week
Senior's Discounts
Mr. Gallant
905-877-3376

Fully Certified Technicians
Repairs to Fridges, Stoves, Washers, Dryers & Freezers

Servicing All Areas
Written Guarantee
905-874-1930

Mention This Ad For 10% OFF

AIR HEATING FIREPLACE

GEORGETOWN GHA
HEATING & AIR CONDITIONING INC.

INSTALLATION, SALES, & SERVICE
905.703.7609
FOR ALL YOUR RESIDENTIAL HVAC NEEDS.

WWW.GEORGETOWNHEATING.CA

APPLIANCES

BULLDOG APPLIANCES
SALES • PARTS • SERVICE

55 Sinclair Ave., Unit 2 & 3
Georgetown
905.702.1182

BASEMENT

GORD'S BASEMENT WATERPROOFING LTD.
27 YEARS EXPERIENCE
SERVING HALTON, PEEL & SURROUNDING AREA
25 YEAR GUARANTEE
We will match any written estimate!
MEMBER OF THE BBB
24 hr, 7 days a week
905-454-3141

BASEMENT WATERPROOFING

BASEMENT WET, LEAKY?
Interior or Exterior Waterproofing.

GRATE DRAIN ONTARIO
Basement Waterproofing
647-898-2193

Ask the Professionals DIRECTORY

CHECK OUT THIS DEAL!

M. Graham WATERCOLOURS
BUY 3 GET 1 FREE
White Quantities Last
ONLY at...
ART HOOT
ARTIST'S MATERIALS
119A Mill St Downtown Georgetown
647-588-0169

Elayne Tanner & Associates Inc.
Elayne M. Tanner
PhD (C), RSW, BA, BSW, MSW, Dip Soc Adm
Counselling & Psychotherapy

Milton 905-854-0801
www.etasolutions.com

Elayne M. Tanner

Q: Our community has again lost a child to suicide as a result of bullying. Do you have any insights on this topic?

A: As defined by the NASW, bullying is the intentional and repeated use of actions and words designed to intimidate or hurt another person. Bullying can be verbal, physical, or nonverbal/nonphysical. Examples of verbal bullying include teasing, taunting, name-calling, and spreading rumors. Hitting, kicking, shoving, and destroying property are types of physical bullying. Threatening or obscene gestures are non-verbal/non-physical types of bullying. Now with technology, bullying often occurs online or through use of personal mobile phones to text, email, or send an instant messages. Bullying is an imbalance of power and characterized by intentionally aggressive behavior. While bullying happens at all ages it has become even more prevalent in teens using technology to taunt others, frequently on issues related to sexual behaviours. Furthermore, we now see the term used to identify unacceptable behaviours in the workplace as well as in situations of domestic violence. Bullying is often defended as "just teasing". Whereas teasing is done to irritate or provoke another with persistent distractions or other annoyances, bullying is intentionally hurtful and demeaning. If your child is being bullied make sure that you and the school staff understand the difference between teasing and bullying. If it is bullying, advocate immediately and resolutely on behalf of your child. Ensure that the school policies are clear to all and that the rules are enforced. Do not accept any minimization of the behaviour as an excuse. Ensure that you have open communication with your child so that if they or another child are being bullied, they can tell you about it. Listen in a non-judgmental way and do not blame the victim by asking how they caused it. Make sure that your child knows that the behaviour is wrong and unacceptable. Encourage the school to talk to the person who is doing the bullying to make sure he or she knows what behavior is wrong, why it's wrong, and what the consequences are for engaging in the behavior. Lead by example. Do not allow bullying behaviour to exist within your home between spouses or (step) siblings. Home and school should be a safe place for everyone. Do not tolerate oppressive behaviours. Whenever you see it, whether at home, school, or in the workplace, speak out against harassment and bullying. We must all encourage an environment that is free of intimidation, discrimination and bias.

DR. ANOOP SAYAL
Family and Cosmetic Dentistry

located in
Georgetown
Marketplace Mall
DR. ANOOP SAYAL
905-877-CARE (2273)

Q: Are my children at risk for Gum Disease?

A: It's a sad fact. Children are affected by gum disease just as adults are. For some, it's a matter of neglecting proper care of the teeth. For others, it's a matter of the parents not understanding the importance of oral hygiene in their children. Gum, or periodontal, disease is a serious business. It's made even more dangerous by the fact that it is often painless. It is caused by plaque. This sticky film produces toxins which can damage the gums. As a parent, you should make it a point to check your children's teeth periodically for the signs of gum disease. Look for redness, tenderness and swelling at the gumline. Diseased gums bleed easily and may lead to persistent bad breath and loose teeth. Encourage your child to brush at least twice daily. Flavoured children's toothpaste can help encourage this habit. Teach your children to floss regularly, it's possible even at young ages. Model a good diet by balancing it with a broad variety of foods and placing limits on sweets and between meal snacks.

DENTISTRY

GEORGETOWN MARKETPLACE DENTAL CENTRE
Located inside
Georgetown Marketplace Mall

Dr. Anoop Sayal & Assoc.
Since 1994
Family & Cosmetic Dentistry
• Bonding • Extractions • Wisdom Teeth • Pola Teeth Whitening • Implants • Asleep Dentistry

Hours: Mon. & Wed. 8 am - 8 pm;
Tues. & Thurs. 8 am - 6 pm; Sat. 8 am - 3 pm
www.georgetowndental.com

905-877-2273 (CARE)

MEDIATION

SEPARATION & DIVORCE MEDIATION

PCCS
ACCREDITED MEDIATORS
GEORGETOWN, MISSISSAUGA, ORANGEVILLE
FLEXIBLE HOURS AND PAYMENT METHODS
www.pccs.ca
905-567-8858 REDUCE COST & CONFLICT
1-866-506-PCCS (7227)
DIVORCE WITH DIGNITY AND KEEP YOUR MONEY IN YOUR POCKET!

SEND IN YOUR QUESTIONS TO:
Ask the Professionals

280 GUELPH ST., #29
GEORGETOWN, ON L7G 4B1
ASYKES@THEIFP.CA