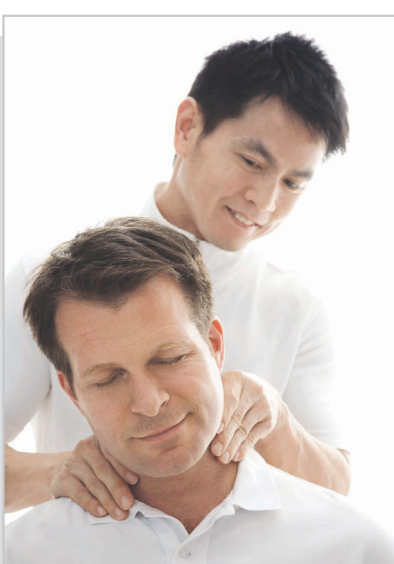




National Physiotherapy Month

MAY

Thank heavens for my physiotherapist!

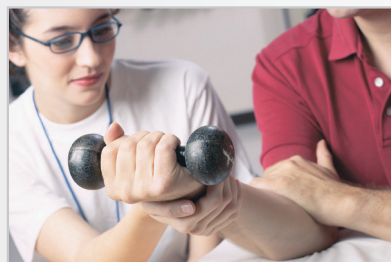
Physiotherapists treat injuries caused by sports and road or work accidents, and they also help patients deal with the symptoms of chronic illnesses, such as arthritis and degenerative disorders. The Canadian Physiotherapy Association invites all Canadians to find out more about this profession during May, National Physiotherapy Month.

Did you know that there are around 20,000 physiotherapists working in Canada? Most of these health professionals are women. This profession is also one of most regulated in Canada and requires a university degree as well as certification by professional regulators.

Physiotherapists have the specific mandate to prevent injury, promote healthy lifestyle habits, and improve the physical functioning and well-being of Canadians. In order to achieve those goals, these specialists evaluate their clients' health and select appropriate treatments, which might include massage, personalized exercise programs, and electrotherapy, to name a few possibilities.

People who have benefited from the services of a physiotherapist are asked to share their stories on social networks throughout the month of May. This "Say Thanks" program was created by the Canadian Physiotherapy Association and aims to shed more light on this profession.

Other activities will be offered to the general public across the country, with the aim of lifting the veil on some of the less familiar facets of physiotherapy. After all, with life expectancy increasing every year, Canadians will need to find new ways to take care of their health so they can live comfortably and independently.



Did you know that the majority of physiotherapists working in Canada are women?

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