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Tanja C. Heintz,
Somatic Therapist, Counselor, Biosynthesis Coach

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Shields hopes swim raises \$100K

Continued from pg. 1

at Toronto's Marilyn Bell Park. She successfully crossed the lake in 1990 and 2006.

"We're all very aware about how difficult this is going to be but we're all excited because nobody has done it before," said Shields, a Mississauga-based travel concierge.

"We're checking with the Guinness Book of World Records to see if this is qualifies as the longest open water swim. We still have some things to put together, like looking for

boats that will accompany us during the swim and if we could find a houseboat, that would be awesome. We're calling it Because Girls Can and I think that the Because I'm a Girl movement is a wonderful organization and a great charity. We're aiming to raise well over \$100,000 and I think we can do it with corporate sponsorships and other donations."

The women have set up a Facebook page called Because Girls Can Relay to provide updates and more information leading up to the event.

Toronto man arrested in break-in spree

A Toronto man is facing a plethora of criminal charges for his involvement in numerous break and enters to commercial properties throughout the Region including two in Halton Hills.

Jonathan Allan, 33, of Toronto was arrested at his residence on April 4, and held for a bail hearing.

He was charged with break, enter and

theft (seven counts), break, enter with Intent (four counts), fail to comply with probation (12 counts) and possession of burglary tools.

According to Halton Police, the local incidents included Nov. 9/12 break-ins at North Halton Golf and Country Club on Maple Avenue and Sheridan Nurseries in Norval.



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