

# New Active Living program to start at Acton Seniors Centre on April 2

By **JULIE CONROY**  
Acton Seniors Centre

The Centre will be closed on Friday, March 29 and Monday, April 1 for Easter. The weekly 50/50 will take place at 3 p.m. on Thursday, March 28.

There is a great Active Living Program starting on April 2, 11:30 a.m. to 1 p.m. It offers physical activity, fun and education for all individuals who are 55+ and living with diabetes or pre-diabetes. Please feel free to bring a bag lunch to eat dur-

ing the information portion of the program from 12:30-1 p.m. You need to sign up as soon as possible or the course will be cancelled.

If you have your name down to see *Calendar Girls* on Sunday May 26, I need the money ASAP so I can reserve seats. There is still time to add your name to the *Mary Maxim* trip on Monday, April 8.

The Gals on the Go usually go to Mohawk twice a year on a Monday and enjoy the buffet dinner and the races. Mohawk

has informed me that for the 2013 season on Monday, Tuesday and Thursday the restaurant will be closed. If we go on a Friday there will be a price increase. I will work on an alternative plan.

Sixty-one members and guests enjoyed the St Patrick's social evening on March 14. Kent Tocher has everyone up dancing and singing, and the Irish stew was delicious. The 50/50 was won by Dorothy Rog-nvaldson and the door prizes by Myra Sarter, Siena Ancker, Ian

McAllister, Robert Jones, Nina Palichuk, and Shirley Loucks and shamrock plants by Geoff Knuff, Barbara Hibbert, Sue Valance, Marion Pearson, Jill Tetreault and Marj McDonough.

Is winter hanging around too long? Come and be entertained at the Centre. On March 26, 2-3 p.m., Vicki Firth of the Acton Library will help you explore the latest bestsellers and answer basic computer questions. The program is free, and non-members are also welcome. If you prefer your stories

on a screen, come and watch a movie. At 1 p.m. the movie *Hope Springs* will be shown in the community hall, accompanied by popcorn.

Members of the Acton Seniors Centre would like to offer their condolences to Betty Green who lost her brother David a few weeks ago and last week her son David. Our thoughts and prayers are with you Betty.

The weekly 50/50 was not won. Next week the prize money should be around \$140.

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