

SENIORS LIFESTYLES

Retire-At-Home gift basket winner

Retire-At-Home Services, serving north Halton recently participated in the Halton Hills Community Open House at the Georgetown Market Place. Visitors were invited to learn more about the personalized home health care services for seniors that are provided by local RNs and caregivers. Over 60 ballots were filled in to win a gift basket, with the winner drawn by Maureen Harris, Public Health Nurse for Early Years Health Program for the Halton Region, which was sharing the booth space. The lucky winner was Sophie Henley, a longtime resident of Georgetown, who has made numerous contributions to the community through her volunteerism and dedication to the local heritage. Katherine Atkinson, Retire-At-Home Executive Director, (right) presented the prize. Please visit retireathomech.com or call 905-863-6095 for more information.



Halton Family Support Group helps residents cope when a family member has dementia

Caring for someone with Alzheimer's or dementia?

The Halton Hills Family Support Group meets 7-9 p.m. on the first Tuesday of each month in the Community Room at the Halton Regional Police Station, 217 Guelph St., Georgetown. This meeting space is generously donated by Halton Regional Police.

The free support group helps residents to:

- Meet others caring for family members with dementia
- Share experiences and learn coping strategies
- Find out about available community resources

2013 meeting dates are April 2, May 7, June 4, July 2, August 6, Sept. 3, Oct. 1, Nov. 5, Dec. 3.

Please register by contacting: Sandi Robinson, Education Coordinator at 905-847-9559 or srobinson@acclaimhealth.ca

The group is hosted by Acclaim

Health and is funded in part by the Local Health Integration Network (LHIN) and the Government of Ontario. It is a United Way funded agency.

Visiting Volunteers needed for isolated seniors

Outings, in-home visits, maybe even a friendship— all can help a senior live independently and stay connected.

But volunteers are needed for isolated seniors in the Georgetown area.

Time commitment can be from two to four hours per week or bi-weekly.

Please call Mary at Acclaim Health for more info: 905-827-8800 ext. 2319 or email: mschnurr@acclaimhealth.ca



Georgetown Denture Clinic

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Seniors Lifestyles

Published the first Thursday of every month.

Call Amy Sykes for advertising info.

905-873-0301 ext 237
asykes@theifp.ca

Mountainview Residence

This 81 suite Retirement Residence offers home-cooked meals, daily housekeeping, laundry services, nursing staff and planned social activities.



Mountainview Terrace

60 apartment style suites for cognitive self-sufficient seniors.
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www.mountainviewterrace.ca www.mountainviewresidence.ca



Specializing in Alzheimer's Clientele



"TOTALLY SECURED ENVIRONMENT"

Fox Run is a country estate located on four scenic acres overlooking the Caledon Hills, and close to the quaint village of Erin, Ontario. Fox Run caters exclusively to individuals in early to mid states of Alzheimer's disease and related dementia. We offer a non-institutional alternative for those who can no longer live alone and need around the clock attention.

Contact Patricia Kelly (Owner/Administrator) at 519-833-1033

RR2, Erin, Ontario