

Penbrooke®

Swimsuits



Our new 2013 stock includes chlorine resistant swimwear.

Suits that are durable and perfect for hot tubs and AquaFit classes.

We have beautiful bathing suits for every woman, created with the option of holding breast prostheses.

Call 905-877-2711 ext. 133

**Certified Fitters • ADP Vendors
• DVA & Private Insurance**

Renaissance Woman

... at Young's

A Division of Young's Pharmacy Ltd. • 47 Main Street South, Georgetown, Ontario L7G 3G2



TOWN OF
HALTON HILLS

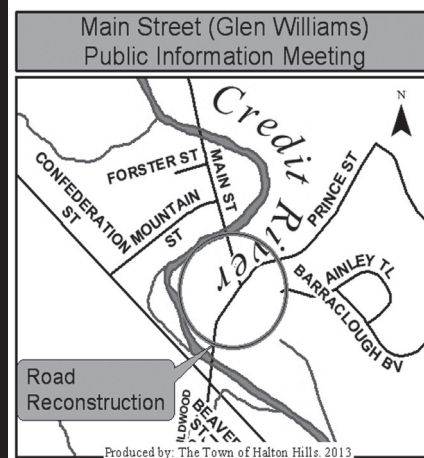
PUBLIC INFORMATION CENTRE

THURSDAY, MARCH 7, 2013

**Main Street, Glen Williams Reconstruction
Glen Williams Park – Middle Bridge**

The Town of Halton Hills is planning to reconstruct Main Street starting in the summer of 2013 (see map below).

You are invited to attend a Public Information Centre to learn about the planned construction and discuss any concerns you may have with representatives from the Town of Halton Hills. This Public Information Centre will be an informal meeting, and you are invited to drop in at your convenience between the noted hours:



DATE: Thursday, March 7, 2013
TIME: 6:00 p.m. to 8:00 p.m.
PLACE: Town of Halton Hills Civic Centre
Council Chambers
1 Halton Hills Drive
Halton Hills, ON L7G 5G2

Please let me know as soon as possible, if you may have an accessibility or accommodation requirement at the Public Information Centre.

If you are unable to attend this Public Information Centre and wish to obtain more information or provide written comments, please address your concerns to:

Kevin Chalmers, CST, CET
Supervisor of Construction
Infrastructure Services
Town of Halton Hills
Phone: 905-873-2601 ext. 2303
Email: kevinc@haltonhills.ca

18

1 Halton Hills Drive, Halton Hills, ON L7G 5G2

Tel: 905-873-2600 • Fax: 905-873-2347 • www.haltonhills.ca

FUN WITH GRAINS AND GREENS

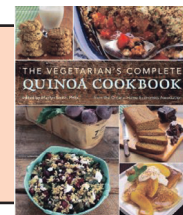
**Saturday April 13, 2013 10 am - 1pm
at The Scullery (enter through What's Cookin')
98 Main St., Erin**

**Would you like more variety in your meals?
Are you trying to eat a more healthy and balanced diet?
Do you struggle with preparing whole grains and dark leafy greens, like kale?
If so – this cooking demonstration is for you.
Come out to see the preparation and experience tasting some foods that may be new to you.**

**This cooking demonstration will be conducted by
Deb Campbell, PHEc and
Elinor Humphries, BA, RHN, CCP of
Alpha Vitality Nutritional Coaching.**

**Early bird before March 15, 2013 \$99.00 + HST
After March 15, 2013 \$119.00 + HST
Registration cut off is April 8, 2013**

First 10 to register will receive a free copy of The Vegetarian's Complete Quinoa Cookbook, a 200-page best seller by the Ontario Home Economics Association, valued at \$29.95



**To register call the
Georgetown Naturopathic Wellness Centre
905.873.2361
or info@alphavitality.com**