

# What's Cookin': A Scottish adventure in food

Gerry is writing today

Well here is another Scottish story to follow up the recent one about meat pies.

Dave and I were recently chatting with friends about our upcoming summer trip to Scotland. As they have been there several times in the past few years, we thought we should get together, so they could give us some traveller's tips and to see some of their pictures and brochures. They kindly invited us to their home for dinner and we anxiously saved this for a January night, after the Christmas rush.

The host and hostess greeted us at their door; she so appropriately dressed in her kilt. I knew we were off to a good start!

When it came time for dinner, the dining room table was set with a touch of Christmas and red plaid napkins, further setting the Scottish theme.

Dinner was a delight and a total surprise!

- Cock-a-Leekie Soup
- Haggis
- Neeps and Tatties
- Whiskey Onion Gravy
- Cranachan

This was a truly traditional Scottish feast. Here's some explaining for those non Scots:

Cock-a-Leekie is a Scottish chicken soup with barley and leeks.

**Lori Gysel & Gerry Kentner**



Haggis is a traditional Scottish savoury dish made from the organs of sheep, onions, oatmeal, suet, salt and spices. It is always served for Robbie Burns' (our Scottish poet) birthday on January 25. Guess what? It was provided by Miller's Bakery again.

Neeps are turnips, tatties are mashed potatoes and yes there was whiskey in her rich onion gravy!

Cranachan is a traditional Scottish dessert made of whipped cream, honey, toasted oatmeal, whiskey, vanilla and fresh raspberries.

We chatted for hours, checked out photos on their computer, looked at brochures, ate like Scots and had a truly memorable evening.

We thank you friends for your extra efforts and enthusiasm. We can't wait to get there later this year. We are beginning to think that three weeks may not be enough.

We are having loads of fun planning and are anxiously looking forward to our journey back to my birthplace, Glasgow.

Email questions and comments to Lori and Gerry at [whatscooking@theifp.ca](mailto:whatscooking@theifp.ca)

# Food and Beverage Show set for Feb. 5

Taste of the Chamber Food & Beverage Show will be held on Tuesday, Feb. 5, 6-8 p.m. at Blue Springs Golf Club.

Presented by the Halton Hills Chamber of Commerce, enjoy delicious samples of foods and beverages provided by local businesses. Participants include Tk's Catering, Hungry Hollow Smokehouse & Grille, Extreme Pita, Get the

Scoop Creamery & Confectionery, Shoeless Joe's Restaurant, The Pita Pit, Tanner's Pub & Grill, Wildwood Manor Ranch, MacMillan's Gourmet Frozen Foods, Terra Cotta Cookies & The Club at North Halton.

Registration in advance is requested; \$15 for the general public; [www.haltonhillschamber.on.ca](http://www.haltonhillschamber.on.ca) or 905-877-7119.

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## Halton Hills Community Open House

Saturday,  
February 9, 2013  
Georgetown Marketplace Mall  
10:00 am to 4:00 pm

Featuring over 50 organizations serving Halton Hills. Learn about a new sport, discover the arts and so much more!

For more information email [volunteer@haltonhills.ca](mailto:volunteer@haltonhills.ca) or call Town of Halton Hills at 905-873-2601 x2273.



A Halton Hills Cooperative Program Planning Committee Event



Globe Productions Presents  
**Zumba® Fitness**  
With Elizabeth Bell

**Exercise in Disguise!**  
Wednesdays 6:15 to 7:15 pm

The Old Armoury, 1A Park Avenue  
(Corner of Charles and Park in Georgetown)  
10 week Session - \$80 Drop In - \$10  
All proceeds go to Globe Productions

Next Session  
starts on Feb. 13<sup>th</sup>  
and runs until  
April 17<sup>th</sup>

Email [georgetown\\_globe@yahoo.ca](mailto:georgetown_globe@yahoo.ca) for more information  
[www.globeproductions.ca](http://www.globeproductions.ca)  
Elizabeth Bell is a licensed Zumba® instructor