



Terra creates edible gardens contest

Terra has created an award, called the Purple Pepper Award, with the focus of recognizing not only those growing exceptional gardens; but those who are growing exceptional edible gardens.

The categories for the contest include, 'Best Edible Garden by a Child or Children', 'Best Edible Garden', 'Most Exotic Edible Garden', 'Best Edible Balcony Garden', 'Best Edible Container Garden' as well as 'People's Choice'.

Terra is giving away more than \$10,000 in contest prizes.

The contest has launched across all

four of Terra's store communities, including Waterdown, Milton, Burlington and Vaughan. It is open to all Ontario residents.

All participants have to do is upload a picture or pictures of their edible gardens under the category best describing their edible garden at www.terra-purplepepper.com.

The top three gardens in each category will be chosen and notified.

Terra judges will then go out to the gardens in person to decide on first, second and third place. All entries must be in before Aug. 1.

Protect your home from water damage

How to file an insurance claim

A record amount of rainfall has left residents in some parts of the Greater Toronto Area with flooded basements and without power. As the cleanup continues, CAA Insurance (www.caasco.com/Insurance.aspx) is reminding homeowners how best to make an insurance claim:

- Contact your insurance company immediately. If you are insured with CAA Insurance, call 1-800-387-2656 or 1-877-222-1717 to report your claim any time of the day or night on any day of the week.

- Have your policy number ready. This is one of the first pieces of information you'll be asked for.

- Document and take photos of the water damage. Adjustors will need as much information as possible.

- Ask questions about your home insurance coverage and deductible.

"Our main priority is to make sure our members are looked after right away," said Matthew Turack, Vice President, CAA Insurance Company (Ontario). "Dealing with sudden water damage is stressful for our members. We are mobilizing all our resources to get more adjusters out there to take care of them as quickly as we can."

Water damage caused by sudden, heavy rains, which are becoming more and more frequent during the spring and summer months, can be avoided through the following tips:

- Install flood shields on all basement windows above ground level.
- Extend downspouts so that rain-water flows away from your home.
- Call your local city works department to see if your home is located in a flood plain.

- In older homes, ensure you have a properly installed backflow valve to prevent sewage back up in your home.

- Backflow valves are designed to automatically close when they detect water trying to enter your home from the sewer, stopping potential water damage.

To determine what type of sewer system services your area contact your local government office or website.

CAA South Central Ontario, www.caasco.com, is a not-for-profit auto club offering roadside services, automotive care, travel and insurance. There are more than 1.9 million CAA members in South Central Ontario and over 5.6 million members in Canada.



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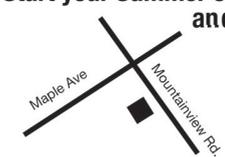
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