Give the gift of time, receive the gift of wisdom

VISIT YOUR ELDERS THIS HOLIDAY SEASON

The holiday season is all about joyous celebrations and festive gatherings between family and friends. However, for many seniors, Christmas is a lonely time of year. To ensure your elders spend the happiest of holidays, it's important to include them in your festivi-



Here are a few good reasons to visit your grandfather, aunt or elderly neighbour during the holidays:

To keep spirits high

Seniors who live alone are at greater risk of depression because they often feel isolated from society. By paying them a visit during the holidays, you'll help nurture their psychological well-being. Believe it or not, that time spent in your company will bring them much joy!

To show your love

Take the time to visit your elders over the holidays to show them just how much they mean to you. Remind them of their worth and let them know that you cherish each moment spent in their company. Your

love is the greatest gift they'll receive!

To share memories

There's nothing more heart-warming than taking a trip down memory lane with an older family member. Looking at time-worn photographs, sharing childhood anecdotes or listening to yesterday's musical hits are all great ways to cherish old memories and forge new ones at the same time.

The Staff at the Georgetown Denture Clinic have written a **Christmas carol and have dedicated it to Alex Trenton, Denturist!**



"ALEX THE BEST DENTURIST"

ALEX THE BEST DENTURIST MADE THE BEST DENTURE TEETH AND IF YOU EVER TRIED THEM YOU COULD EVEN CHEW ROAST BEEF! ALL OF THE OTHER DENTURISTS RE JEALOUS AND CALLED HIM NAMES THEY NEVER LET POOR ALEX THEN ONE TOOTHLESS CHRISTMAS EVE SANTA CAME TO SAY ALEX YOU'RE THE BEST I SEE WON'T YOU MAKE A NEW DENTURE FOR ME! THEN HOW THE DENTURISTS LOVED HIM AND THEY SHOUTED OUT WITH GLEE ALEX YOU GREAT DENTURIST YOU'LL GO DOWN IN HISTORY!

GEORGETOWN DENTURE CLINIC



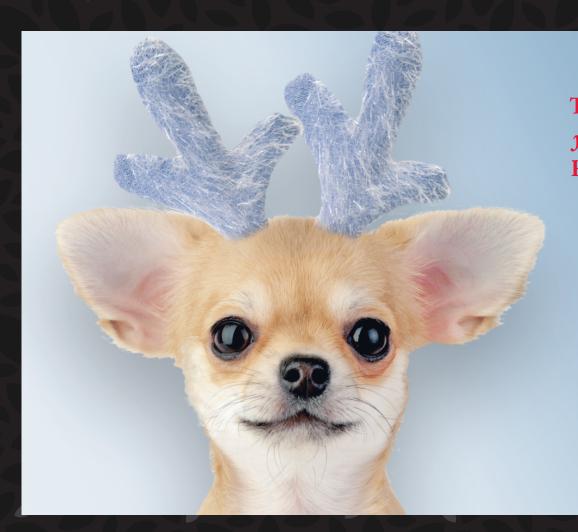
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ALEXANDER TRENTON, DENTURIST

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Dear Mrs. Claus, To answer your husband's question: yes, we do allow small pets, so little Rudolph is most welcome. We look forward to your Christmas morning arrival.



Retirement Community

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