



## AQUATICS

### Swimming Lessons

- Parent & Tot - levels 1-3
- Preschool - levels A-E
- Swimmer - levels 1-9
- Private and Semi-Private
- Teen or Adult - levels 1-3

### Something Different

- Advanced Lifesaving
- Halton Hills Lifeguard Club
- Snorkeling
- Springboard Diving

*Holiday and Winter  
Skating and Swimming*

Visit the Town website  
to view schedules at  
[www.haltonhills.ca/swimming](http://www.haltonhills.ca/swimming)  
and [www.haltonhills.ca/skating](http://www.haltonhills.ca/skating).  
Check out our pass options too  
at [www.haltonhills.ca/passes](http://www.haltonhills.ca/passes)!

## MOVEMENT EDUCATION

### Monkeynastix®

- Babynastix - 1- 2 yrs
- Tremendous Toddlers  
- 2-3 yrs (except  
Wed is 1-3 yrs.)
- Playful Preschoolers - 4-6 yrs

### Fitness for 7-11 yrs

- Yoga for Kids
- ZUMBA® for Kids

## SPORTY!

### Sportball - Multi-Sport Indoor

- Parent & Child - 16-24 mos.
- Parent & Child - 2-3 yrs
- Coach & Children - 3-6 yrs
- Family - 4-6 yrs or 7-10 yrs

## ADULT FITNESS

A variety of aqua fit and dryland fitness programs to fit your schedule and interest!

## DANCE

### Ovations - The Ronda School of Dance

- Ballet - 5-7 yrs
- Hip Hop - 5-9 yrs
- Hip Hop - 7-10 yrs
- Jumpin' & Jammin' - 2-3 yrs
- Kinderdance - 3-5 yrs
- Power Squad - 5-7 yrs
- Power Squad - 7-10 yrs
- Twinkle Toes Ballet - 3-5 yrs

## MARCH BREAK ADVENTURE SPLASH 'N FUN

### Ages 7 to 12 years

A jam-packed week of FUN!  
Sports, games, creative crafts,  
swimming 3 times per week and more!



TOWN OF  
**HALTON HILLS**

Learn **MORE** about our programs  
at [www.haltonhills.ca/guide](http://www.haltonhills.ca/guide).