

MR. AND MRS. CLAUS



Peter Richardson/photo

Mr. and Mrs. Claus arrived in a carriage Saturday in Acton during the annual Santa Claus parade. Despite rain and chilly temps, hundreds lined the streets to watch the parade sponsored by the The Acton Firefighters Association.

COMMUNITY

International flavour for male choir holiday concert

The Libertas Male Choir's Sounds of the Season concert series has a stop in Halton Hills coming up on Thursday, Nov. 30 at the Georgetown Christian Reformed Church on Trafalgar Road.

Show starts at 7:30 p.m. and features some special guests from the Netherlands set to perform, including director Martin

Mans, organist Martin Zonnenberg and Barend Wiltjer, tenor of the Urker Mans Formatie.

For advance tickets, visit www.libertasvoices.com or email info@libertasvoices.com or call 905-522-0001. Cost is \$20 for adults, \$10 for youths age 10-14 and children (under 10) will be admitted free of charge.

Are you changing your lifestyle because of incontinence?
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Did you know?

The scientific research clearly shows that physiotherapy should be the first line of treatment for incontinence.

Many people believe that incontinence; the involuntary loss of urine, is a normal occurrence after childbirth or aging. Continence concerns are **common** but **NOT** normal.

Stress Incontinence (SI) refers to leakage that is noticed during a cough or sneeze, when laughing, or during strenuous activities like soccer, jumping jacks, or other aerobic activities. Sometimes women get the sudden and urgent need to get to a bathroom. Urge Incontinence (UI) is the loss of urine that is accompanied by this sudden, urgent feeling.

Leakage may have started off with minimal and tolerable amounts of leakage that occurred with a cough or sneeze, but then leakage can accelerate to amounts that are substantial enough to wear protective padding, continence garments or simply just avoiding activities that were once enjoyed.

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An Invitation
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To Our
Annual Christmas
Remembrance Service

3 pm Saturday, December 2nd, 2017
at the J.S. Jones & Son Funeral Home
11582 Trafalgar Rd., Georgetown

Presiding over the service
Rev. Paul Ivany

Refreshments to follow in the Trafalgar Room
Please call the Funeral Home at 905-877-3631
to confirm your attendance