

(reg. \$19.99)

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Stop living in the statistics.

 It is well known that almost half of all pregnant women and 25% of postpartum women suffer from pelvic and/or low back pain

Physiotherapy can help

- I in 2 childbearing women will suffer with some form of pelvic dysfunction, including pelvic pain, incontinence and prolapse.
- Over 40% of women experience Urinary Incontinence during their first pregnancy and up to 25% of women after their first pregnancy will experience altered fecal continence.
- Like incontinence, prolapse is common, with 1 in 2 women experiencing some degree of prolapse. Common symptoms that occur with prolapse are sensation of heaviness, irritation, pressure or pain.
- In a large study of women after their first pregnancy; 62% had pain with intimacy at 3 months post partum



372 Queen Street, Acton • 519-853-9292 333 Mountainview Road South, Georgetown | 905-873-3103 | www.eramosaphysio.com POLICE AND FIRE

North Halton men charged in suspected road-rage attack

An Acton man is facing several charges following a suspected road-rage incident in Milton Saturday night in which a Burlington man was badly beaten.

The 27-year-old Acton resident and a 24-year-old man from Milton have been charged in connection with the incident, which police say occurred on Regional Road 25 near Rattlesnake Point Golf Club at 7:30 p.m.

Halton police say the victim, driving a pickup truck, stopped on the side of the road to check on his dog. That's when officers say two men and a woman exited their vehicle and approached him. A one-year-old child was in the vehicle with them, say police.

Police say the 46-yearold victim was assaulted, suffering two black eyes, a jaw injury and fractures in his arm. The incident lasted several minutes and saw



raham Paine /Metroland

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some motorists stop to help and call 911.

The man was transported by ambulance to Oakville Trafalgar Memorial Hospital, where he was treated for his injuries and later released.

Ashton Florian of Acton was charged with assault causing bodily harm, fail to comply with probation, dangerous operation of a motor vehicle and drive under suspension. He has been held for a bail hearing, scheduled for Aug. 31.

Lucas Molinaro, 24, of Milton was charged with assault causing bodily harm. He was released on a promise to appear in court Sept. 2.

 with files from Julie Slack, Milton Canadian Champion



Meghan Raycraft

Are you the next Miss Acton?

If you are between the ages of 16 and 22, attend Acton High School or live in Acton, Limehouse, Ballinafad or Rockwood areas, you are invited to be a contestant!

Meeting: Wednesday September 13th at 7:00pm and Thursday September 14th at 7:00pm Pageant: Friday September 15th at 8:00pm

> For more information call: 519-853-4699 missactonfallfair@hotmail.com

Please email your information or inquiries to: actonfair@hotmail.com or www.missactonfallfair.com

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