

Back to School

Thursday, August 24, 2017

8 Pages



Add vaccines to your back to school checklist

(NC) Clothes and school supplies are the most obvious items on everyone's back-to-school list. But don't forget to also make sure their vaccines are up to date.

"Vaccination protects us from preventable diseases," explains Dr. David Williams, Ontario's chief medical officer of health. "When you get vaccinated against a disease, you build up your immunity, making you stronger and more resistant to it."

It can be easy to lose track of whether your child has received all the necessary vaccinations. Adding a reminder to include your child's immunizations on your back-to-school checklist is a simple way to keep track of their vaccine schedule.

Under the Immunization of School Pupils Act, children should be vaccinated against vaccine-preventable but serious illnesses such as: diphtheria, tetanus, polio, measles, mumps, rubella, meningococcal disease, pertussis (whooping cough) and varicella (chickenpox).

Every child must have proof of immunization against certain dis-

eases to attend school in Ontario, unless they have a valid exemption. Your child can be exempted from immunization for medical reasons, or due to conscience or religious belief, under the Immunization of School Pupils Act. Children who are not immunized because they are exempt are at an increased risk of disease, and may be removed from school during a disease outbreak.

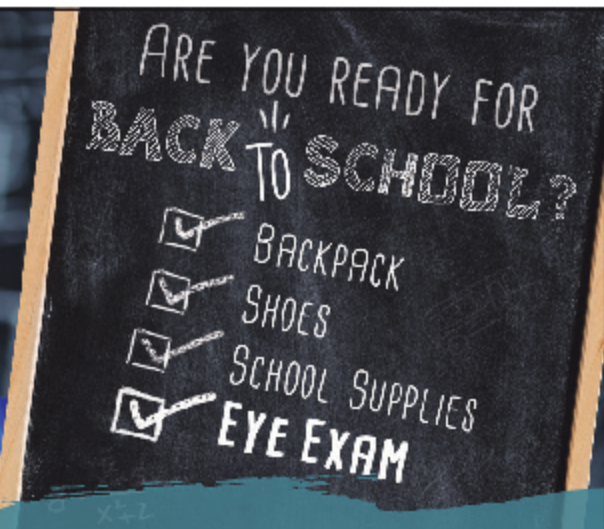
Parents must provide records of their child's immunization to their local public health unit and update them when additional doses of a vaccine are received.

To ensure your child's immunization record is current, it's helpful to talk to your health care provider or local public health unit about necessary vaccines your child needs. You can also get the yellow immunization card from your doctor. Bring it with you to each immunization appointment and keep it in a safe place.

More information about Ontario's immunization program and school immunization requirements can be found online at ontario.ca/vaccines.



Peter Bous is stocking up his pharmacy and getting ready for back to school patients! Peter is the proud owner and pharmacist for Alpha Care Medical Center & Pharmacy, located at 308 Guelph St, Georgetown. Peter recommends having your epipen prescription ready before the school year starts and to also schedule your flu vaccine for the upcoming season.



Call us today to book an **OHIP-covered eye examination** for your child and ask us about our children's programs.

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INDOOR REGISTRATION STARTS AUGUST 30th! MARK YOUR CALENDAR!

Indoor house league is available for recreational players U5 (born in 2013) to U18 (born in 2000). This fun, affordable league runs from the beginning of November to the end of February 2018 at the Dufferin Centre in Acton.

Visit georgetownssoccerclub.com today for details!

A young girl in a soccer uniform is holding a medal. In the background, a soccer game is in progress on a field.