

Sun shines at the 26th annual Acton Leathertown Festival

KATHRYN BOYLE
kboyle@theifp.ca

This past weekend was the perfect time to hold Acton's 26th annual Leathertown Festival.

The day brought out a wide variety of vendors, including food, arts, exhibitors and much more.

For entertainment, magicians, local musicians, and Sharon and Bram, Juno Award winning entertainment duo, took the stage.



Ray Lavender/photos

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Gerry Ross
H.B.Sc. PT, MCPA,
FCAMT

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A: Our clinic's website www.rossphysio.com has a clinical library with hundreds of great articles written by registered physiotherapists (including yours truly) often with the scientific references noted for the article. There is a body map and a folder system so you can find what you are interested in quickly. You can also choose areas that you are interested in and be notified when a new article is added to that section of the site. A word of caution though – partner with a Physiotherapist during your rehab to avoid disappointing results or injury. Please take advantage of this information and stay well.

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