Bunker mentality pays off for Vegas at Canadian Open

Congratulations Jhonattan Vegas, who successfully defended his RBC Canadian Open title with a playoff victory on the 18th hole at Glen Abbey on Sunday afternoon over Charley Hoffman.

The field included 17 Canadians who were all vying to break the curse and become the first Canuck to win the championship in more than 50 years.

After driving his ball in a fairway bunker off the tee, Vegas was faced with a decision of whether to go for it from the bunker from 191 yards to the pin or lay up and make his birdie the hard way. He decided to go for it with his 8-iron and narrowly missed disaster as his ball clipped the lip of the bunker when



FROM THE GROUND UP Cory Gentes

he swung, eventually ending up in the rough to the back of the green.

He chipped it close and tapped in his birdie for his second championship.

When in a fairway bunker, there are a few things to consider before playing the shot. The first is, what kind of lie do you have? Does it allow you to advance the ball to the green or is it best to lay up?

Second is the lip in front of you. You need to pick a club that will have enough loft to get you over the lip with your normal swing.

Remember, in a fairway bunker, we want to avoid scooping at the ball and swinging through the ball, catching the ball first and then taking some sand just like taking a divot in the fairway. For this reason, move the ball slightly back in your stance and make a three-quarter swing for better contact like Jhonny Vegas did on 18.

Cory Gentes is a 16-year PGA of Canada teaching professional and the director of instruction at the Old Pro Driving Range. GentesFamilyGolf.com



Team members (front, from left) are: Sydney Bumstead, Sarah Frost, Catherine Montgomery, Victoria Nascimento, Alyssa Biesenthal, Tieneke Gedge. Back row: Trainer Christy Gedge, Nicole Palmer, Brooke Champagne, Alana Mortimer, Erin Hahnfield, Rylee Nyitrai, Sydnee Bullen, coach Tim Cadeau, Ekam Sangha, Madeline Brown, Taylor Bumstead, Corinna Salmon, Natalie Fournier, coach DJ Nascimento. Absent: Jami-Lynn MacDonald, Taylor Cadeau, Morgan Randell, coaches Casey Lyons, Courtney Didone.

Halton Hills U-15 Lady Bulldogs golden at Great Lakes Invitational

The Halton Hills Under-15 Lady Bulldogs' elite team, representing Canada, earned gold medals at

the Great Lakes Invitation Field Lacrosse Tournament in Lansing, Mich.

After a slow start during

preliminary play, the Bulldogs stormed back to win the championship game beating Brumby Elite 8-7.

Pasma Hockey Development camp coming up in Georgetown

There are still a few spots available in the fifth-annual Pasma's Hockey Development Camp held over two weeks at the Mold-Masters SportsPlex later this month.

Some familiar camp instructors are back for another season and some newcomers have joined the group.

Montreal Canadiens' prospect Michael McNiven will oversee the goalies' clinic from Aug. 14-18, while

Dallas Stars' first-round pick Jason Dickinson, former OHL Saginaw Spirit captain Connor Brown and Sacred Heart University blueliner Liam Clare are returning for both weeks of camp alongside its founder, NHL vice-president of hockey operations Rod Pasma.

The elite-level camp will be held Aug. 14-18 and the skill development program runs Aug. 21-25, with Arizona Coyotes' draftee MacKenzie

Entwistle and Clarkson University's Josh Dickinson added to the instructor staff this year.

The goalie school also runs during the second week.

Cathy Gallagher of Energize Fitness will run the dryland training and off-ice activities during the camp.

For more info visit the website www.pasmashockeydevelopment-

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Ball hockey title for Sabres

A 1-0 victory over the Milton Mad Dogs clinched the Ontario Ball Hockey Federation Cup title for the Acton Sabres in the 14team atom division (11-12 yrs.) last week in Missis-

Representing the Halton Hills Minor Ball Hockey League, the Sabres shut out the opposition in five of the six games they played, scoring early in

the championship match and then collaring the Mad Dogs.

Preliminary round -Acton 12, New Tecumseth Xtreme 0; Acton 12, Oakville Rangers 0; Acton 4, Guelph Cyclones 0;

Quarter-final - Acton 8, Oakville 0;

Semifinal - Acton 4, Emery Village 2;

Final - Acton 1, Milton Mad Dogs 0.







MARK YOUR CALENDAR!

- Rep coaching applications due August 15th
- Indoor registration begins end of August
- Rep Tryouts Sept 30th & Oct 1st at Trafalgar Sports Park 🚯

Visit georgetownsoccerclub.com today for details!







Register at the office.



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