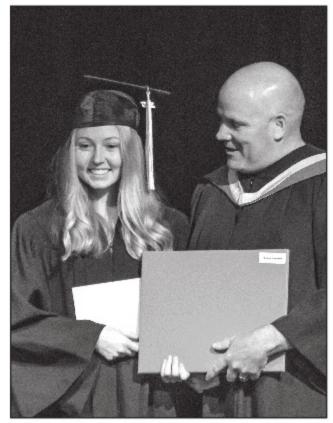
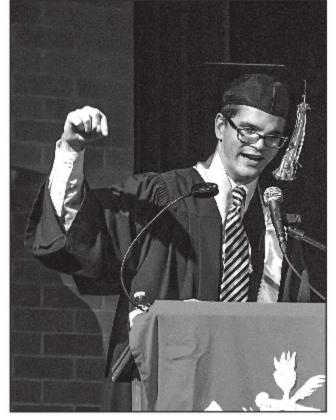
Acton High holds Commencement ceremony at year end



Reining Miss Acton Fall Fair - Meghan Raycraft received her graduation certificate. - Les Schmidt



Valedictorian and Student of Excellence Award winner, Ryan Milford presented his address to the graduating students. - Les Schmidt photo

Halton Hills Canada 150 Ambassadors remind us that celebrations continue

By: Jane Dougan

Halton Hills Canada 150 Ambassadors Laurent Thibault and Alex Hilson have a message: Canada 150 is not finished on Canada Day. The Most Patriotic Town Challenge ended July 1, and Hilson said when the initiative was launched in May a goal of 30,000 flags seemed over-reaching, but more than 50,000 flags were registered. So, after the community gives itself a pat on the back July 1, residents can check out other initiatives by clicking on the Town's website, www.haltonhills. ca/Canada150/

The Three Things Initiative is about coming up with three things, big or small, dedicated to Can- at www.haltonhills.ca/ ada's 150th. Each Canada 150 Ambassador (Thibault, Hilson and Connie Karlsson) has a video dedication onsite. Post your commitment on Instagram using hashtag #HH150 or simply fill in the onsite form.

The Block Party came from ideas put to the town's Sustainability Implementation

Committee, particularly "small town living at its best". As Thibault described it, "We said, why don't we come up with something so people get to know their neighbours?" Thibault is planning a block party for his cul-de-sac, Cindebarke Terrace in Georgetown. Ideas and downloadable guides are available online

community groups/ PlanningBlockParty.php.

For safety's sake, residents should submit a request form through the site to the Recreation and Parks Department. Canada 150 Tool Kits can be reserved for pick-up at the Town of Halton Hills Town Hall or sent to Acton. So far, three street party submission requests have been approved; two others may have to be relocated to neighbouring streets or parks because of busy traffic areas.

Other projects are coming simply out of people's creativity and imagination, such as a video interview project with local business owners, or a Canada 150 tea party that Hilson is helping to organize. As he put it, "It's exciting. It's really about celebrating being Canadian. It's amazing, all this energy.'

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www.actonhead2toe.com

Chocolate Yoga in the Park TONIGHT!



Staying Alive Fitness' popular fundraiser heads into its 9th year with a new twist!

Gym owner Leanne Monaghan, Acton's trusted fitness guru, has teamed up with Bridgitte's Giddy YoYo Chocolate to add a new dimension to this year's Yoga in the Park. Each participant will be given a piece of chocolate before class to set the mood for Yoga.

This is no ordinary chocolate...Giddy YoYo's chocolate is a SUPERFOOD, Certified Organic and each bar is lovingly hand made in Orangeville. It's free of gluten, peanuts, dairy, soy, refined sugar and all other nasty funk! How fun is that?

Now in its 9th year Yoga in the Park has become a summertime institution, encouraging EVERY BODY to try something new in a safe environment and get back to nature. ALL FITNESS LEVELS WELCOME!

The event adds a 'feel-good' vibe not only to Acton's line up of summer events, but to the community itself. With the venue set for Prospect Park, those in attendance can expect a relaxing yoga session surrounded by trees, water and CHOCOLATE, guided by yoga instructor Leanne Monaghan and a few guest yoga instructors.

This is a free community event thanks to our many generous local sponsors. A non-perishable food item, or monetary donation will be accepted during the event to support the Acton Food Share, Links2Care and the CRC (Concerned Residents Coalition fighting the Hidden Quarry)

VOLUNTEERS NEEDED! If you can help out in any way please contact Staying Alive Fitness 519-853-2650 or info@stayingalivefitness.com

Yoga In The Park with Staying Alive Fitness

Thursdays

July 6th to August 10th

7:00pm to 8:00pm (registration at 6:30pm) Prospect Park, Acton

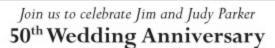
Please follow us on Facebook for updates on this event and more:

www.facebook.com/stayingalivefitnessinc



Staying Alive Fitness 11 Main St., N. Acton, ON L7J 1V9 519-853-2650

email: info@stayingalivefitness.com





⋄ OPEN HOUSE ❖ Saturday, July 15, 2017 from 1 - 4 p.m.

Location: Jim & Judy's 8022 Side road 20 - RR5 Rockwood