

Expect good things

Brooke Henderson has been close and last Sunday she finished the job with a three-under round in windy conditions to take the Meijer LPGA Classic over Lexi Thompson and Michelle Wie.

The win was Henderson's fourth LPGA victory three months shy of her 20th birthday. This Sunday the youth movement continued as Jordan Spieth was atop the podium with a win at the Travelers Championship by holing out from a bunker on the first playoff hole for his 10th PGA Tour victory before his 24th birthday.

When skilful players go out for a round they factor in several things such as course conditions, weather and emotions to determine a number for the day and then they work toward



FROM THE GROUND UP
Cory Gentes

it. Managing their expectations is an important part of the plan to realize the results they have in mind.

We need to manage our expectations as well when we play and especially when we practise.

Every shot should start with a plan, then we execute the plan and receive feedback from the result as to whether we executed in the manner we wanted to.

Let's look at an exam-

ple. We have a green that is 100 yards away and we have our 100-yard club in our hands. If we hit one or two close to the pin and miss the green with the rest we think we hit some good shots and sometimes conveniently forget the rest.

If we hit 10 more shots and five hit the green, but none are as close as the "good ones," then we might be disappointed.

In reality, on the golf course those five greens in regulation are going to produce more positive results on the scorecard although they weren't as rewarding as the "good ones."

Cory Gentes is a 16-year PGA of Canada Teaching Professional and the Director of Instruction at The Old Pro Driving Range. GentesFamilyGolf.com

Junior Eagles soar to tourney title

There was just one bump in the road for the Halton Hills Eagles on their way to capturing the championship at a junior men's baseball tournament in Mississauga South earlier this month.

Halton Hills routed the opposition in each game, except for an 8-3 preliminary-round loss to the Mississauga North Tigers. Head coach Fernando DeMelo's side travelled down the Ninth Line to defeat Midland 6-1, New Lowell 8-1, Mississauga South Select 12-1 in the semi-finals, and Mississauga North again in the final, downing the Tigers 13-4.

The Eagles are off to a 2-8 start in the Central Ontario Baseball Association's Tier I junior league and will host Hamilton on Sunday at 7 p.m. at the Fairgrounds.



Contributed photo

Team members (front, from left) are: Andrew Thorne, Damon Crumplen, Jake Timukas, Avery Chenier, Jonah Lazar. Back row: Coaches Ray Kowalik, Dave Ridley, Connor Kowalik, Nick Ridley, Callum Hutchinson, Luke Warkentin, Jacob Galvao, Robert McDougall, Spencer LeGrand, Adam Lencz, head coach Fernando DeMelo. Absent: Ryan DeMelo.

Georgetown's Cregan returns to Irish net for Euros

EAMONN MAHER
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Local resident Mike Cregan will represent the Republic of Ireland for the fourth time at a major championship tournament as the starting goalkeeper

at the European Box Lacrosse Championships, slated to take place from July 8 to July 15 in Turku, Finland.

It's the first time the European championships have been held, as the popularity of the game has

caught on in several countries.

The 28-year-old former Halton Hills Jr. B Bulldog and Peterborough Jr. A draft pick suited up for the Emerald Isle at the 2007, 2011 and 2015 world championships.

Cregan has also backstopped the Dublin Riggers' club team several times at the Ales Hrebesky Memorial Tournament in the Czech Republic in April.

This year the Riggers posted a 3-2 record.



Photo contributed by Cregan family

Pictured above, Georgetown's Mike Cregan (right) and Erin native Dan Patterson played for Ireland's Dublin Riggers at the recent Ales Hrebesky Memorial Tournament in Prague, Czech Republic.



Congratulations Kayla Channer and Sean Vander Glas!

The Georgetown Soccer Club is proud to award \$500 scholarships to Kayla Channer from Christ the King Catholic Secondary School and Sean Vander Glas from Georgetown District High School to support their post-secondary education. The scholarships are named in honour of Eustace Collins, a long-time Georgetown Soccer Club volunteer who exemplified hard work and a strong commitment and love of soccer.

All the best Kayla and Sean with your post-secondary studies!

georgetownssoccerclub.com

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