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COACHING SERVICES



- INDIVIDUAL & COUPLE COUNSELLING
- ANXIETY/ DEPRESSION
- LIFE & CAREER CHANGES
- PERSONAL GROWTH

POWERFUL CONVERSATIONS FOR PERSONAL TRANSFORMATION

905-873-9393
www.forgecoachingandconsulting.com

38 Oak Street, Georgetown, ON

COMMUNITY CALENDAR theifp.ca

Note: please submit all events via email to Kathryn Boyle, kboyle@theifp.ca The IFP will no longer be accepting handwritten submissions.

THURSDAY, MAY 18

Optimist Club Bingo: Every Thursday. Grand Prize \$250.

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Vaping Supplies
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DVD & BLU-RAY RENTALS
OVER 10,000 TITLES

May Releases

- xX: Return of Xander Cage (16)
- Get Out (23)
- Logan (23)

• LOTTERY • GREETING CARDS • E-CIGARETTE • ATM

160 GUELPH ST., GEORGETOWN Cheaper than Costco

905-877-6463



By Cory Soal
R.H.A.D.

... Lend
Me Your
Ears

STRATEGIES USED TO HELP UNDERSTAND SPEECH BETTER!

The best thing you can do whether you are wearing hearing instruments or not is to use effective listening strategies. Even people with normal hearing have difficulty in some situations. Don't get discouraged. The following are some effective listening strategies you can implement easily:

- Make sure the person you are communicating with is facing you and not turned away or in another room.
- Make sure the background noise is kept to a minimum when trying to communicate.
- Have people try to get your attention before they start to speak to you.

For more information call

The Georgetown 
HEARING CLINIC
We care about your hearing!
Professional Arts Building
99 Sinclair Ave., Suite 210, Georgetown
905-873-6642

Serving the community of Halton Hills and surrounding areas since 1992

Starts at 7 p.m.; doors open 6:30 p.m. The club is located on Hwy. 7 between Georgetown and Acton, just west of 22 Side Rd.

FRIDAY, MAY 19

Play Euchre: at the Acton Legion on Fridays: 7:15-9:45 p.m. (is all year round)

Euchre: at the Georgetown Legion on Fridays. \$2. All welcome.

Mixed Baseball: 7 p.m. until dusk at Ballinafad Park. Enjoy fresh air, fun and exercise with mixed baseball. Non-competitive.

SATURDAY, MAY 20

Plant Sale and Silent Auction: 9 a.m. at the Acton Arena. Check out the Acton Horticultural Society's excellent selection of perennials and shrubs. Blooming bargains for everyone! Check out the garden shed, featuring recycled tools for around the garden.

Annual Shrub Sale: 8 a.m.-12 p.m. at Glen Williams Town Hall, 533 Main St. Peruse a variety of trees and shrubs, donated by Sheridan Nurseries.

Victoria Day Pork Chop BBQ and Fireworks: Serving starts at 6:30 p.m. at St. Alban's. Tickets are \$15 for adults, \$8 for child, under 5 eat free. Secure tickets: saintalban@cogeco.net

SUNDAY, MAY 21

Bruce Trail Halton Hills

Chapter Hike: Medium pace, moderate terrain, with some steep hills and exposed rocks, 12-km loop hike. Depart 9:30 a.m. from the Georgetown Market Place parking lot south of the Medical Building and carpool. We should still be in time for the spring wildflowers. There will probably be wet spots, so bring appropriate footwear, also bug spray, water and a lunch or snacks. Hike Leader: Teresa Rigg trigg2@cogeco.ca

MONDAY, MAY 22

Cribbage: Come out to the Hillview Active Living Centre-Georgetown, 318 Guelph St. Mondays, 7-9 p.m. and play and have fun playing cribbage. Everyone welcome: \$2/member, \$4/non-member.

TUESDAY, MAY 23

The Palette and Pencil Guild of Credit Valley Artisans: meets every Tuesday afternoon at the cottage in Cedarvale Park from 1-3:30 p.m. Open Studio, come and paint with other local artists. For more information please email: sheila@creditvalleyartists.ca. **Yoga:** 7-8:30 p.m. at Terra Cotta Community Centre, 18 High St., Terra Cotta. Come out to a Slow Flow Yoga and Yoga Nidra class, designed to help you reconnect with yourself, find some space, and surrender. Tickets are \$15. Email [\[roughyoga.com\]\(http://roughyoga.com\) to register.](mailto:heather@journeyth-</p>
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WEDNESDAY, MAY 24

Al-Anon Georgetown: 10-11 a.m. every Wednesday morning at Knox Presbyterian Church, 116 Main St.

Halton Hills Men's Basketball League: offers both competitive and recreational play every Wednesday at 7 p.m. and at 8:30 p.m. at Christ the King Secondary School in Georgetown until April. Minimum age is 21. Cost is \$60. For more information contact Victor Estevan at 905-873-8188.

THURSDAY, MAY 25

Optimist Club Bingo: Every Thursday. Grand Prize \$250. Starts at 7 p.m.; doors open 6:30 p.m. The club is located on Hwy. 7 between Georgetown and Acton, just west of 22 Side Rd.

Euchre: 7:30 p.m. at the Ballinafad Community Centre. Cost is \$3 per person. Coffee and tea will be served. Everyone welcome.

FRIDAY, MAY 26

Play Euchre: at the Acton Legion on Fridays: 7:15-9:45 p.m. (is all year round)

Euchre: at the Georgetown Legion on Fridays. \$2. All welcome.

Pickleball: Thursday evening sessions at Emmerson Park, Georgetown 7-8:30 p.m. until Sept. 28. Info: Mitch LeBlanc 905-703-4340.


HOLIDAY CLOSURE
haltonhills.ca


TOWN OF HALTON HILLS
Working Together Working for You!

HOLIDAY CLOSURE VICTORIA DAY
MAY 22, 2017

CIVIC CENTRE - 905-873-2600
Closed

ACTIVAN
ActiVan Service will be available on an after-hours basis.
The booking office will be closed.

CANINE CONTROL - 905-877-6235

FIRE DEPARTMENT HEADQUARTERS - 905-877-1133
Administration is closed.

INFRASTRUCTURE SERVICES - PUBLIC WORKS
Public Works After-Hours Contact
905-873-2600 press 2 to connect to the Public Works After-Hours Line and follow the prompts.

PUBLIC LIBRARY - 905-873-2681
Acton and Georgetown
Branches: Closed

RECREATION & PARKS DEPARTMENT

The following facilities are closed on Monday May 22nd:
Gellert Community Centre
Georgetown & Acton Indoor Pool
Acton Arena & Community Centre & Mold-Masters SportsPlex
Hillview Active Living Centre
Georgetown & Acton Location
Halton Hills Cultural Centre & Helson Gallery

FOR EMERGENCIES
- FIRE/POLICE/AMBULANCE: DIAL 911

 Elections Ontario

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Applications due **May 26th, 2017.**

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