

Join HALC-Acton for New Members Tea on May 30

By Julie Conroy

Hillsview Active Living Centre- Acton

Our Mother's Day Lunch was a great success. Thank you to everyone who helped make it run so smoothly. We thank the volunteers, without you so many events would not be possible. We had a wonderful bake table and the lunch was delicious as always. Of course everyone enjoyed purchasing tickets for the draw and the penny table hoping to take home a prize.

If you joined the Centre in the past six months you should get an invitation to the New Members Tea on May 30. I had the wrong date in last week. This is your chance to find out a little more about the Centre, meet the board and other members.

Now spring has finally arrived, members can't wait to get their hands dirty. The final two horticulture sessions are full and there is a waiting list. On May 23 at 1 p.m., Teresa Ierullo will be helping you create an herb planter.

Did you fill out your membership survey form? Your input is very important and is taken into consideration when planning

programs and activities.

Would you like a little help with your laptops and tablets? Halton Hills Public Library will be holding a Technology Program at the Centre on Thursday, June 1 from 10 a.m.-12 p.m. Bring your devices and they will help you get the most out of your equipment. Sign up if you are interested.

Starting this Friday morning from 11-11:45 a.m., Pauline and her therapeutic dog Storm will be visiting the Centre. Come and pet your stress away while talking to Pauline and Storm.

To celebrate Seniors Month, a special lunch is planned for June 6. We will be serving pulled pork sliders and the board members will be making the salads. You can go hiking before lunch or take part in a Zumba Gold class for free! Tickets are limited so get yours quickly.

The next monthly Saturday evening Bingo is on May 20 starting at 7 p.m. Everyone is welcome!

Mary Smith was lucky this Friday as her name was pulled and she won \$305.50 in the weekly 50/50 draw.

Celebrate Senior's Month with HALC-Georgetown

By Florence Riehl

Hillsview Active Living Centre-Georgetown

The Hort Head indoor gardening group will resume in the fall. It is time now to garden outside. Watch for an announcement for a new session.

An event to get e-books and free audio books for your computer will be held on Thursday, May 25. E-readers, tablets, and iPads will follow on Thursday, June 1.

Come out and learn how to make your own cards on Wednesday, May 24 at 10 a.m. You will make and take home four cards. Please sign up at reception.

There has been a change in date for the iPad Q&A. It has been moved to Friday, May 26 at 9:30 a.m.

There is still room if you would like to register for the T.I.M.E. program. The Together in Movement and Exercise program is being offered Monday and Thursday from 9:15-10:15 a.m. You can register by calling Margaret Tayler, Active Living Coordinator, at 905-873-2601 ext. 2360.

June is Seniors Month, and a time to

HILLSVIEW Active Living Centre

celebrate seniors. Watch for some special events at the Centre. We begin on Friday, June 2 with another Flapjacks and Flick. Lunch at 12 p.m. with the movie, Light Below the Oceans, to begin at 12:45 p.m.

On Wednesday, June 7 at 10 a.m. there will be a free Tai Chi demonstration and then at 12 p.m. we are offering a free Lunch and Learn with the HH Public Library. You will be introduced on how to get magazines and movies on your computer. This is being sponsored by Halton Audiometric Centre.

To finish off our special day we offer a family-friendly movie. You must sign up at reception. Space is limited.

Those travelling to Ottawa on July First weekend to celebrate Canada's 150th Birthday are reminded that your final payment for the trip is due.

The Centre will be closed on Monday, May 22 to celebrate Victoria Day.

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And love what you HEAR



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