

Possible measles exposure for those recently visiting these places in Oakville

A recent case of the measles identified in Oakville last week has Halton Region's health department warning all Halton residents who visited Oakville to be aware if they attended a number of locations between March 21-28.

With a case of confirmed measles in our community, it's imperative that residents protect themselves and their community against the increasing risk of infection by ensuring their measles immunization is up to date, said Dr. Julie Emili, Acting Medical Officer of Health for Halton Region in a release posted to the region's website on March 31.

Measles is a highly contagious disease that spreads easily through the air. Anyone who has not had two doses of a measles vaccine (MMR or MMRV) or who has not had measles in the past is at risk of infection, added the release.

Anyone visiting the following locations in Oakville from March 21-29 at the following times may have been exposed:

- Tuesday, March 21, Sheridan College, 1430 Trafalgar Rd., Oakville, 6-11:30 p.m.
- Thursday, March 23, Sheridan College, including the gym and campus Tim Hortons, 1430 Trafalgar Rd., Oakville, 7:30 a.m.-3:30 p.m.
- Thursday, March 23, Walmart (Oakville), 234 Hays Blvd., Oakville, 3:30-10:30 p.m.
- Sunday, March 26, Tim Hortons, 2355 Trafalgar Rd., Oakville 5:30-8:30 p.m.
- Monday, March 27, White Oaks Pharmacy, 360 Dundas E, Oakville 11 a.m.-3 p.m.
- Tuesday, March 28, Trafalgar Medical Clinic, including the main foyer, the food court and LifeLabs in the basement, 1235

Trafalgar Rd., Oakville, 1:30-5:00 p.m.

- Wednesday, March 29, Tim Hortons, 2355 Trafalgar Rd., Oakville, 3:30-6:30 p.m.

The region is advising those who may have been exposed at any of these locations and times to do the following:

- Check your immunization records to make sure you and your children have had two doses of the measles vaccine (MMR or MMRV). Your immunization record (yellow card) or your doctor can provide you with this information. Two doses of measles vaccine are recommended for anyone born after 1969.
- Infants under one year of age, pregnant women and people with weakened immune systems can get very ill with measles and should contact Halton Region Health Department or their health care professional immediately for further assessment.

- Watch for symptoms of measles until 21 days after exposure. These include a high fever, cold-like symptoms (cough/runny nose); sore eyes or sensitivity to light; small spots with a white centre on the inside of the mouth; and a red rash lasting four to seven days.

If you think you may have measles and need to see a doctor, you must call ahead to the doctor's office, walk-in clinic or emergency department. This will allow health care staff to take the necessary precautions to reduce the risk of infection and protect others visiting the office, clinic or hospital.

For more information, dial 311 or call the Halton Region Health Department at (905) 825-6000, toll free 1-866-442-5866 or visit halton.ca/measles

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