

# Halton Hills welcomes TIME to get people moving



The Town of Halton Hills is launching a new community-based exercise program developed by the Toronto Rehabilitation Institute called Together in Movement and Exercise (TIME).

The program is tailored to people who have balance and mobility problems resulting from conditions such as stroke, acquired brain injury, multiple sclerosis, or weakness after a hospital stay. The program will run from 9:15-10:45 a.m. on Mondays and Thursdays at the Hillview Active Living Centre in Georgetown, located at 318 Guelph Street.

It focuses on improving balance and mobility and is delivered by certified fitness leaders who have received TIME training through the West GTA Stroke Network.

Sponsored by the Hillview Active Living Centre, the pilot project is being offered at \$50 for an eight-week session starting Monday, May 1.

I believe this program has the potential to change the lives of many people, says Colleen Bethune, Registered Physiotherapist providing support to the fitness leader team. This program is unique in that it provides a safe and comfortable environment for individuals to exercise but also provides a

social environment for those who are not as active in the community. We are so fortunate to have the opportunity to introduce such a wonderful program into our community.

Participants must be able to walk 10 metres with or without a walking aid, and are required to provide clearance by a physician.

I can attest from first-hand experience, the benefit of tailored, physical activity as a means for recovery, said Mayor Bonnette.

This is an excellent new program that I'm very pleased to see offered in our community.

For more information, contact Margaret Taylor, Active Living Coordinator, at (905) 873-2601 ext. 2360.



The Acton BIA's annual farmers market has been discontinued for 2017. Left, Meghan Brennan of Acton buying some tasty breads from Lisa Fazari of Missy Li Meats & Sweets at the Acton Farmers Market last year.

Photo by Ray Lavender

## Acton BIA puts annual farmers market on break for 2017

Last week, the Acton Business Improvement Area (BIA) announced the discontinuation of the annual farmers market for the 2017 season.

After last season ended, the BIA board felt uncomfortable putting the time and money into something that saw its attendance dwindling with every week. In January, BIA manager Sheena Switzer brought forward a proposal to keep it going, but the board decided it would be best to put it off for a year.

We felt we should announce that there will not be a farmers market in Downtown Acton in the 2017 season as we had hoped,

however there are lots of initiatives in the works for 2017 and Canada's 150th birthday in Downtown Acton, Switzer wrote in an email. The Acton BIA will always continue our work to promote the local businesses and our historic downtown.

After the announcement last fall, local vendors banded together to create a new farmers market, dubbed the Farmers Market on 7. The BIA wishes them the best of luck in the upcoming season.

Acton is a wonderful, tightly knit community that will no doubt support this great local initiative.

### Notice of Intent to Designate [haltonhills.ca](http://haltonhills.ca)



### NOTICE OF INTENTION TO DESIGNATE UNDER THE ONTARIO HERITAGE ACT

IN THE MATTER OF THE ONTARIO HERITAGE ACT AND IN THE MATTER OF the lands in the Town of Halton Hills known municipally as 17 McNabb Street, legally described as Part Lots 23 & 24, Plan 37, SE of Emery Street, as in G9668, Town of Halton Hills, Regional Municipality of Halton, and known as the Waldie House.

NOTICE IS HEREBY GIVEN that the Town of Halton Hills intends to designate Waldie House under Section 29(1), Part IV of the Ontario Heritage Act, R.S.O. 1990, Chapter O.18.

#### Description of Property

The red-brick house at 17 McNabb Street was built in 1911 by Robert John Waldie in the style of Edwardian Classicism. It is one of three similar houses built by Waldie, next to each other.

#### Cultural Heritage Value

Waldie House meets the requirements of Ontario Regulation 9/06 with several criteria that determine its cultural heritage value or interest.

The house's design or physical value are reflected in the elements of Edwardian Classicism employed in its construction as a full two-storey red brick house on the corner of McNabb and King Streets.

The historical or associative value of the house at 17 McNabb Street is its connection to its neighbours through builder Robert John Waldie of Acton.

Waldie House's contextual value is its place as a cornerstone of McNabb and King Streets with similar or matching structures on either side. As one of three Edwardian era red-brick homes it is a landmark in a streetscape of smaller frame homes of various vintages.

Further information respecting the proposed designation of Waldie House (refer to Report P&I-2017-0025) is available by contacting Ashley Mancuso, 905-873-2601, ext. 2356 or [ashleym@haltonhills.ca](mailto:ashleym@haltonhills.ca)

Any person may, by April 21, 2017, (within 30 days after the date of the publication of this notice) serve written notice of objection to the proposed designation with Ashley Mancuso together with a statement for the objection and all relevant facts.

Dated at the Town of Halton Hills this 23rd day of March 2017.

Ashley Mancuso  
Records/FOI Coordinator, Clerks Division  
The Corporation of the Town of Halton Hills  
1 Halton Hills Drive,  
Halton Hills, ON L7G 5G2.