



## École Harris Mill hosts pancake breakfast to alleviate hunger

By: Vivien Fleisher

Most of us don't give a second thought to a standard of living that allows us to get caught up in our busy lives without the distraction of empty stomachs. Canadians enjoy a great standard of living, yet within our midst, there are many children who – for a variety of reasons – do not. Access to the most basic things like food is not guaranteed, and these kids often have to get through the school day on an empty stomach.

Alleviating that hunger while bringing awareness to communities is the motivation behind 'Help Kids Live Free from Hunger', a student nutrition program that all this week, in partnership with the

Children's Foundation of Guelph/Wellington, Greater Toronto YMCA, Halton Food for Thought and several other groups, are working with participating schools to bring attention and much-needed donations to the cause.

The 'live free' part is two-fold: to raise funds for school snack programs while encouraging kids to choose something to live without as a way of connecting with those less fortunate.

February 27 was the launch date at Rockwood's Ecole Harris Mill school, where the Husky Helpers, 'Community Heros', teachers, and local police officers held a pancake breakfast to kick off the week. The school already provides healthy

snacks twice a week, to promote healthy eating and also to get kids to expand their dietary horizons by trying new things explains Principle Carrie Conrad, who adds "At Harris Mill, we believe in starting the day off right." She, coordinators Kathy Lamarre, and Tanya Sharpe, teachers Suzanne Curvan and Ashley Muhern helped organize the week along with the 'community heros', who are parents in the community.

The school's goal is to raise \$600 to support their nutrition program, and by noon on Monday they raised two-thirds of that. Donations can be made until March 3 at the school, or go to [www.livefreecampaign.ca](http://www.livefreecampaign.ca)

## Guelph / Eramosa COUNCIL CHIPS

Councillor Corey Woods presented information regarding an endangered species of Magnolia tree known as the Cucumber Tree. Woods reported to council that the tree zoned tolerant and inexpensive. It grows to 60-80 feet tall. Woods donated \$1000 of his own money to have Guelph/Eramosa Township plant several of the trees. Council thanked Councillor Woods for

his generous donation and agreed the Township needs to develop a tree planting strategy moving forward.

The Chief Administrative Officer Ian Roger reported that the township has a completed application and there will be a report and public meeting back to council March 20 regarding notice of intention to remove a zoning hold on lands at the corner of Highway 7 and

Fellows Road.

Council adopted a by-law to adopt estimates of all sums required during the year for the purposes of the municipality totalling \$21,490,909 for 2017. Passed all in favour.

Council adopted a By-law to hire a Deputy Clerk. Passed all in favour. Jaclyn Rodrigues will serve as the Deputy Clerk for the Township of Guelph/Eramosa.



The 'Live Free' Pancake Breakfast at École Harris Mill was all about helping kids live free from hunger

**Really**  
**COOL**  
**STUFF**

SALE STARTS

**SATURDAY MARCH 11!**

[rockwoodsecondhandshop.com](http://rockwoodsecondhandshop.com)

8 DAYS - MARCH 11 - 18

**HUGE HUGE SALE!**



**MARCH MADNESS**  
**50% OFF**  
**EVERYTHING!**

- Antiques
- Collectables & Oddities
- Furniture & Household Items
- Books, treasures & trash

OPEN 11-5 each day during sale  
 CASH OR CHEQUES ONLY PLEASE

132 Main St. S. (Hwy 7) Rockwood