

## Sign up for Wine and Cheese night with HALC-Georgetown

By Florence Riehl

Hillsview Active Living Centre-Georgetown

# HILLSVIEW

## Active Living Centre

If you are serious about losing those few extra pounds that are a carryover from Christmas you will be interested in our 12-week challenge called The Biggest Loser.

There is a \$30 fee to join along with a weekly \$1 fee for weigh-in. In order to keep you faithful to the challenge there will be a \$2 charge for missed meeting. The program runs from Feb. 17 to May 12. It is going to be a fun and healthy competition. For more info call 905-877-6444.

Still room and time to sign up for the Wine and Cheese on Tuesday, Feb. 21 beginning at 6:30 p.m. As you sip you will learn from the expertise of Ashley Ranson how to pair Ontario wines with various cheeses. Advance sales only at reception — \$10 member or \$15 for non-members.

We will show movies every Friday. Some will be new and some of the oldies. Check the Board beside reception for the title of the movie for that Friday.

Movie time is 1 p.m. and still costs a toonie. This includes movie, pop, popcorn. Drop in earlier to share in our popular pizza time.

The next St. Roch lunch will be on Thursday, Feb. 23. Tickets for this lunch are now on sale. Good food, good company and great young people. Cost \$5.

A few seats are left on the bus to join our day trip on Wednesday, March 15 to Canada Blooms. Following our morning we are headed for the Hot House Café for a delicious lunch of your choice. We end off our day with a visit to Casa Loma. Final sign-up date is Feb. 22.

The sign-up sheet is out for our annual trip to Stratford Festival Theatre on Thursday, June 8 to see the musical Guys and Dolls. Again we are having dinner at the church (what a fabulous meal) before we take our seats at the Theatre.

“Take me out to the ball game” will be echoing from our bus as we travel to the Rogers Centre to see our Boys in Blue play the Pittsburgh Pirates on Saturday, Aug. 12. It is an afternoon game.

This bus trip is open to anyone who wishes to join us. For more info call 905 873-1210.

## Join HALC-Acton for Safe Food Handling course

By Julie Conroy

Hillsview Active Living Centre- Acton

Well I am now back to the reality of a Canadian winter after spending two weeks in the warm sunshine in Punta Cana.

The Centre will be closed on Monday, Feb. 20 when we celebrate Family Day.

On Monday, Feb. 13 we had our Valentine Dinner. Over 80 people attended and Ronnie Russell provided the entertainment.

I understand it was third time lucky for the Birthday Tea on Tuesday, Jan. 31. It was cancelled twice due to the weather. Almost 60 people enjoyed the afternoon with cake, tea and coffee and chatting to old friends and meeting new people.

You can look forward to summer by booking to see the Toronto Blue Jays play the Pittsburgh Pirates on Saturday, Aug. 12. The bus will leave the new Georgetown arena at 10 a.m. It is open to everyone. The cost is very reasonable when you consider you don't have to face the traffic, and pay for parking. If you would like more information talk to Florence on Friday mornings at the Acton Centre or read the info sheet in the travel section rack.

Heather Beaumont, our Volunteer Coordina-

tor, has arranged a one day Safe Food Handling course on Tuesday, Feb. 21 in the Acton Boat-house starting at 9 a.m.-4 p.m. We encourage anyone who is involved in handling and serving food to participate. The information you learn will not only help you as a volunteer but in your home as well. The sign-up sheet is at the reception desk.

The winner of the Georgetown Uptown Spa complimentary January birthday pedicure was Paula Alves, and Marge Lane won the lovely sweater which was the prize for the monthly raffle.

This month's prize is a beautiful crystal vase and chocolates.

While I was away I heard a long time member Fern Schultis passed away. The Centre would like to pass on condolences to her daughter Diane and family.

Pat and Dobbie Frizzell's daughter Margie also died suddenly this week. Again we extend our condolences to Pat, Dobbie and family.

Friday lunch on Feb. 24 will be Salisbury steak, potatoes salad and desert followed by Bingo at 1:15 p.m.

There were no winning 50/50 names pulled over the past three weeks. This Friday the amount to be won should be over \$200.

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