## Pick up your tickets for HALC-Acton Valentine s Day

By Julie Conroy

Hillsview Active Living Centre- Acton

The latest Hillsview newsletters are at the reception desk. Don't forget to pick yours up so you can read what interesting and new events we have planned for the next three months.

By the time you read this, 39 people who went to Punta Cana in the Dominican Republic will have returned home safe and sound. Ten people went for one week and the rest stayed for two weeks. We had a great holiday and enjoyed each other s company. I am being asked Where next year? I think probably St. Maarten for 10 days, and in the summer of 2018 I hope to arrange an Alaskan cruise. I understand

you have to plan it one year ahead. If this interests you, watch for information on the Gals on the Go usual spot.

It's not too late to pick up your ticket for the Valentine Dinner and dance on Monday, Feb. 13. The cut-off date is Friday Feb. 10 at 4 p.m. Even if you don't dance it's always fun to watch others. Evening Euchre will restart on Wednesday, March 1 at 7 p.m. We took a little break during February.

The monthly Lunch and Learn classes are a great way of meeting people, enjoying lunch and listening to an informative speaker. On Tuesday, Feb. 7 members enjoyed chicken souvlaki, roasted potatoes and Greek salad and the topic was Heart and Stroke. On Tuesday, March 7 the lunch will be pot roast in mini Yorkshires and salad. The guest speaker will be Dr. Ashley

Girard, naturopath.

The Tuesday afternoon movie on Feb. 14 at 1 p.m. is Bridget Jones Baby.

On Thursday, Feb. 16 at 10 a.m. you can learn how to protect your privacy on the internet.

The first Music Appreciation Concert with Dale Wood starts on Wednesday, March 15 at 1:30 p.m. with a selection of classical music.

There is a sign-up sheet at the front desk for anyone interested. If you can t wait for spring, the Friday morning hiking group is still out walking the various trails in the surrounding areas. It s a great way to get fresh air and exercise. They meet at the centre at 10 a.m. and car pool to the chosen location.

If you enjoy walking but would rather not chance slippery, muddy conditions, don t forget that you can walk or Nordic Pole walk at the Dufferin Centre.

Lunch on Friday, Feb. 17 will be soup and sandwiches followed by bingo at 1:15 p.m.

## Join HALC-Georgetown for Valentine's Day festivities

By Florence Riehl

Hillsview Active Living Centre-Georgetown

If you do not have your ticket for the Valentine Dance for this Friday, Feb. 10, you can purchase at the door. Music by Hawk's Nest Trio. Dancing begins at 7 p.m. and is sponsored by McKab Taxi. Tickets are \$5 member and \$10 non-members.

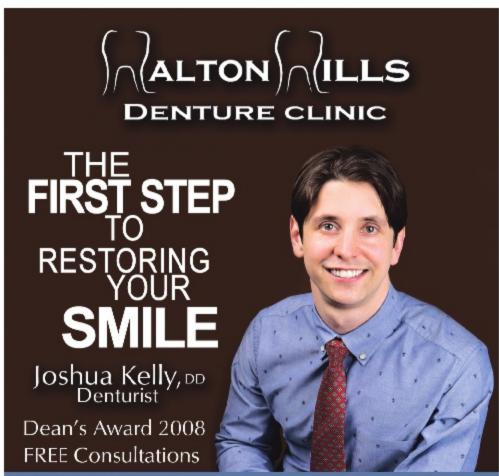
Tuesday of next week is Valentine's Day, a day for you to choose from the three activities being offered: Valentine Breakfast and Movie at 10 a.m., first of the genealogy classes from 10 a.m. 2 p.m., and Hillsview Hort Head Indoor Gardening Club from 10 11 a.m. If you have any questions regarding these events, please refer to your Hillsview guide or call the centre at 905-877-6444.

Get your ticket and come out and enjoy lunch and games with the St. Roch students on Thursday, Feb. 16. The fun begins at 10 a.m. Lunch is served at noon. We are holding a Wine and Cheese evening on Tuesday, Feb. 21. This is an opportunity to support the centre and to have Ashley Ransom share his expertise with the pairing of Ontario wines and cheeses. The evening begins at 6:30 p.m. Advance ticket sales at reception. \$10 member and \$15 non-member.

Next Toonie Movie will be on Friday, Feb. 17 following a pizza lunch. Pizza is \$2.50 a slice and the movie is a Toonie, which includes popcorn and drink.

With the supposed coming of an early spring (according to Wiarton Willie,) you will want to join us as we travel to Canada Blooms and get some great ideas for your garden and maybe even pick up a couple of plants. Following this we are going to the Hothouse Café and then to Casa Loma to walk off some of that food. Final sign-up date is Feb. 22.

Just to remind you that the centre will be closed Monday, Feb. 20 for Family Day.



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