Your EYES can be a window to your HEALTH and should be part of your Wellness Plan!



What role do vitamins & natural supplements play?





does nutrition impact your health?



Does inflammation play a role? Ask about Microcurrent Point Stimulation (MPS)



It's important to explore all the facts & research!

How does Yoga affect mental health??





Dr. Caroline Teske and Margaret Wallis-Duffy invite you to join the discussion with our respected panel of health and wellness experts!

# Join us on Wellness Wednesday

February 8, 2017 ~ 6:00pm to 7:30pm

## **NEW LOCATION: Studio 2 Yoga!**

78 Main St. South, Georgetown

Spread Wellness by helping us support families in need. Please bring a non-perishable food item for donation to the Georgetown Bread Basket. All participants will be entered in our Door Prize Draw!

- Topics include: > The importance of nutrition and nutritional cleansing
  - > Power of holistic health > Detoxification to help improve health, mental clarity, energy and weight management.
  - Role of nutrition, supplements and exercise on preventing eye disease -AMD and microbial flora > Mini Yoga session

Please register at: http://bit.ly/2jQqeWS or scan the QR code



Our passion is education! We want to share tools that will empower patients to be healthy.

### FOR ALL YOUR Denture Needs

**New Dentures** Same Day Repairs / Relines **Implant Secured Dentures** On-Site State-of-the-Art Lab No Referrals Needed **FREE Consultations** 



#### GEORGETOWN **ENTURE** CLINIC



FOR ALL YOUR DENTURE NEEDS !



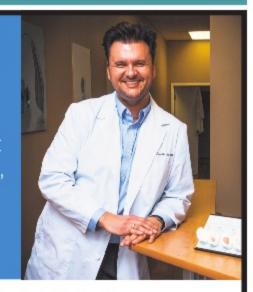
DENTURES - PARTIALS - REPAIRS IMPLANT SECURED DENTURES

#### **ALEXANDER TRENTON, DENTURIST**

905.877.2359 | 18 CHURCH STREET WWW.GEORGETOWNDENTURECLINIC.CA

## Try before you buy!

At Halton Audiometric Centre, we are committed to your hearing healthcare. To find out if hearing aids are right for you, come in for a complimentary assessment and try the latest digital hearing aids risk free!



## HALTON AUDIOMETRIC CENTRE

**HEARING TESTS • HEARING AIDS • ACCESSORIES** 

Georgetown s trusted choice for hearing care

905.877.8828



360 Guelph St., Unit 44 Georgetown (In the Knolcrest Centre)

