Get out your dancing shoes with HALC-Georgetown

By Florence Riehl

Hillsview Active Living Centre-Georgetown

Why not join Facebook and get the latest Centre goings on on the Hillsview Active Living Centre page?

A copy of the news report may also be found each week on our website: www.haltonhills.ca/50plus. Another couple of ways to keep caught up with Centre news.

Toonie movie for Friday, Jan. 20 is You Before Me. Begins at 1 p.m. sharp - \$2/ member - \$3/ non-member. Along with the movie you get popcorn and a drink.

Get out those dancing boots and come to the Centre on Friday, Feb. 10 for a lively evening of dancing. Once again Hawk's Nest Trio will be supplying the live music for your dancing pleasure. Tickets are on sale at Reception - \$5/member or \$7/non-member. Dance is sponsored by McKab Taxi.

A six week question and answer Genealogy Group, led by Bernie Bradner, will be held on Tuesdays from 10 a.m.-12 p.m. It begins Feb. 14. A \$12 charge will cover the cost of hand-outs and photocopies. Please register

HILLSWIEW Active Living Centre

at reception.

The Wine and Cheese evening on Thursday Feb. 21 features Ashley Ransom to share with us his expertise on pairing wines with various cheeses. This evening is presented as part of the Library Story Telling series at Hillsview Active Living Centre. The evening begins at 6:30 p.m. Advance ticket sales only \$10/ member, \$15/non-member.

Lifemark (Bayshore) Seniors Wellness Falls and Prevention & Osteoporosis Programs have resumed Thursdays 1-4 p.m. and Fridays 9 a.m.-12 p.m. There is still room to join.

The bus trip to Ottawa has sold out but there may be room on another bus. If interested please see Florence.

Drop by and pick up the new pink flyer with information on all the trips to the end of June. Sign-up sheets are available on the travel desk for the next five trips. Don t leave

HALC-Acton Birthday Tea rescheduled for Jan. 17

By Julie Conroy

Hillsview Active Living Centre- Acton

The Birthday Tea celebrating members born in November, December and January was to be held on Tuesday, Jan. 10 but due to the stormy weather was rescheduled for Tuesday, Jan. 17.

If you are planning on visiting the Centre and wondering if the Centre is open due to inclement weather, please call 519-853-5951 and listen to the message.

The New Year Social Dinner and Dance on Jan. 16 was well attended. Everyone enjoyed the tasty Tanners Chicken Pot Pie, and the music by Jamie Todd.

The final Nutrition class will be on Thursday, Jan 26. In Session #4 you will be learning about the key to Living Longer. Muscle mass is key to longevity and good health. Learn some of the top strategies to maintain lean body tissue.

The first Men's Breakfast of the New Year will be on Tuesday, Jan. 28 at 9:30 a.m. If you are interested please sign up and pay at the reception desk.

Do you enjoy reading? The book club meets the fourth Wednesday of each month. The next one will be on Wednes-

day, Jan. 24 at 7:30 p.m. The book they will be discussing is The Darkest Minds by Alexandra Bracken and the following month The Painted Girls by Cathy Marie Buchanan, Talk to Wendy or Michelle in the office if you are interested.

Frances left me a note to tell me that she and Doug Brown each had mooners during Bid Euchre on Jan. 12.

Some of our members have attended recent monthly board meetings. If you are interested in attending one, talk to Heather Beaumont or Wendy. It takes some of the mystery out of what it means to be a board member at Hillsview, Acton. It might even inspire you to take a more active part in some of the activities at the Centre. There are always lots of opportunities to volunteer whether it is participating on one of the many committees or helping at the reception desk.

Lunch on Friday, Jan. 27 will be chicken strips, pasta and veg followed by dessert, tea and coffee.

Friday the 13th was a lucky day for Maureen Harvey, as her name was pulled from the drum on for the weekly 50/50 draw.

She won \$61.



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