Last call for Christmas Turkey Dinner tickets at HALC-Georgetown

By Florence Riehl

Hillsview Active Living Centre-Georgetown

Last call to get your ticket for the Centre Christmas Turkey Dinner on Thursday, Dec. 15 at noon. Tickets are \$25 for members or \$30 for non-members. There are still a few spots left.

Five for \$5 a package of five passes for \$5 are available from the office. These are skate and swim passes for one individual admission to any Town of Halton Hills swim or skate facility. There is no restriction on age for use. Would make a nice stocking stuffer for Christmas.

Toonie movies are being shown on the

next two Fridays. Keeping with the Christmas theme One Magic Christmas will be shown on Dec. 9 and White Christmas will be on the screen Dec. 16. A nice way to pass away a Friday afternoon after you have your pizza.

Don't forget to register for your winter Active Living Programs. All available programs are listed in your Hillsview magazine. You can get your registration form from the Office and once you have filled it in Sherry will be happy to process it for you. Some of these programs fill up quickly. Each of the programs has a required number of participants and will be cancelled if that number is not reached so don t delay your registration.

Sign-up sheets are out for the Computer Workshops in the New Year. These classes will run Thursdays from Jan. 12 to Feb. 16, from 9:30-11:30 a.m. The cost will be \$5 member or \$7 non-member. You can pay per class or for all. Topics to be covered are Intro to Computers, Internet, Email, E-books, E-readers, iPads, and Facebook and Skype.

Membership renewals are due by Jan.

 Might be something you would like to do for Christmas for your family member or that someone who has been a special friend. You could also purchase a Merry Little Coffee card for \$5 to give to a Centre member to say thank you. With that card they can purchase seven coffees and cookies.

The Centre will be closed at noon on Dec. 23 and will reopen at 8:30 on Monday, Jan. 2, 2017.

HALC-Acton is on deck for the holidays

By Julie Conroy

Hillsview Active Living Centre-Acton

Next Thursday, everyone is looking forward to our Christmas Dinner and Dance at Blue Springs Golf Club. It looks as if it is going to be a sellout!

Still in the Christmas spirit, the Christmas movie on Tuesday, Dec. 13 will be Love the Coopers. Please Note, it will start at 10:30 a.m. rather than at the usual time of 1 p.m. In the afternoon at 1:30p.m. Jake Chisholm, an accomplished blues, soul and rock and roll artist will be performing some of your favourite Christmas classics and a number of familiar tunes.

There always seem to be many dinners to attend over the next few weeks, then, when it gets to January we will all take a big breath and step on the scales. Don t forget there are ways of keeping the weight under control if you take advantage of the programs offered at the Centre. There are several member, pay-as-you-go exercise classes including

Zumba Gold, Bone Builder and Tai Chi, plus on Friday mornings there is a Weight Watchers class, which you need to register for, and a nutrition class the first Tuesday of each month, which also includes a healthy lunch.

There is no Men's Breakfast during December. The next one is on Tuesday, Jan. 31.

Heather has started a new venture for us, a cookie exchange on Wednesday, Dec. 14 at 4. p.m. Come and join us for cookie baking, Christmas music, eggnog, and apple cider. To share your favourite recipe, email a copy to heatherb@haltonhills.ca or drop the recipe off at the Centre by Monday, Dec. 12.

We held the last Bingo for the year on Nov. 19. The next one will be in the Spring.

Edna Fraser, accompanied by her two sons Derek and Colin Ash, added another leaf to our Tree of Hope in memory of her husband and their father Ivan Ashe. There are now 244 leaves on the trees.

The weekly 50/50 was not won again this week so next Friday it should be around \$325.



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