ERAMOSA Meet our Pelvic Floor Team







372 Queen Street, Acton 519-853-9292

333 Mountainview Road South, Georgetown 905-873-3103

WITH OVER 6 YEARS
EXPERIENCE,
OUR PELVIC HEALTH
TEAM HAS EXPERIENCE
IN TREATING
THE FOLLOWING

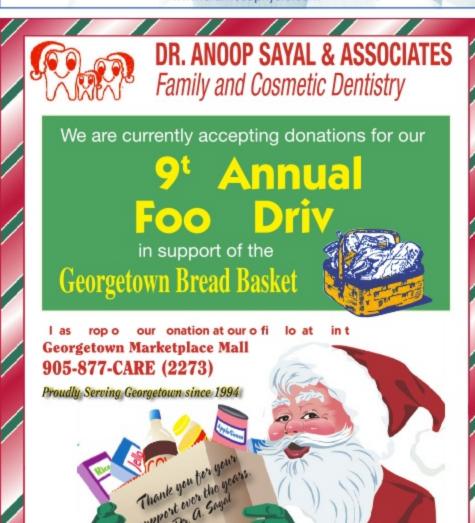
CONDITIONS:

- · Stress and Urge incontinence
- Pelvic Pain
- Vulvodynia and Vestibulodynia
- Dyspareunia and Vaginismus
- Sacroiliac joint dysfunction
- Clitordynia
- · Interstitial Cystitis/Painful Bladder Syndrome

www.eramosaphysio.com







COMMENT theifp.ca

A five-hour marathon of 90-Day Fiancé?

By Ted Brown

tedbit@hotmail.com

The Sidekick loves to watch reality TV, especially if it centers around a wedding.

This past Sunday, TLC ran a day-long marathon of 90-Day Fiancé where the show follows a number of couples who met someone out of the country and decided to get married in 90 days.

The foreigners must travel to the U.S. to live with their overseas partners for the first time, and must marry before their visas expire in 90 days. Otherwise the visiting partner has to return home.

The significance of the 90 days is that s the time limit to bring the new spouse into the U.S. on a K-1 visa, which requires the incoming spouse to marry the other within a 90-day period.

And did I mention they receive a green card too?

There were a number of couples in the marathon, and (as much as it pains me to admit it) The Sidekick and I spent five hours in front of the TV watching those idiots!

(Now to be clear, I didn t watch the full five hours non-stop. I dozed off a few times.)

Some of these couples were, simply stated, not the sharpest knife in the drawer.

One couple, Jorge and Anfisa, were really outrageous. He lives in California, and she came from Moscow.

Jorge seems to make tons of money, and Anfisa feels her purpose in life is to relieve him of all that money.

I ll admit, the girl's not too hard to look at, but her blatant gold-digger antics are beyond belief. When she tried on engagement rings, it had to be at least a three caret stone five would be better.

And dumb Jorge just sat there with his eyes glazing over, as Anfisa and the sales clerk casually discussed \$300,000 price tags.

The two fight incessantly, and Jorge is always the one who crawls back to take more abuse.

Jorge is regularly kicked out of the apart-



A Ted Bit

ment by Anfisa, she smashes countless cell phones and she even cancelled a flight he had booked when she convinced him to give her his password for his smart phone!

I tell ya, Jorge is pathetic and after all the crap she's thrown at him, he proposes to her and marries her at the courthouse!

Another couple were Narkyia and Lowo. Narkyia hails from Camp Hill, Pa., and Lowo is originally from Nigeria. He claims hes a prince okay, that one made me shake my head too.

Now it seems Narkyia and Lowo decided to get married, but for some reason, every time Narkyia sets a date, Lowo has some crisis come up.

And Lowo also has another problem. Seems he can t tell the truth.

He said the mother of his son is dead, he said he was living in Alabama (but it turns out he s been living in Vietnam) and on it goes.

The one entertaining point in the show is where Narkyia squashes an ice cream cone into his face, when she finds out that he s been seeing the mother of his child you know, the one who was dead?

Exit Narkyia, stage right.

I seriously wanted to give that girl a pat on

I gave up watching at 10:30 p.m., leaving The Sidekick to watch the last 30 minutes alone. Id been the good hubby, sat through hours watching people make a complete mess of their lives. Id had enough.

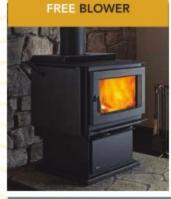
So I ve watched five hours of reality TV.

I ve learned how desperate some people become when they re afraid of being alone for the rest of their lives.

The Sidekick was pleased I spent a rainy Sunday afternoon watching those couples make less than ideal decisions.

But I draw the line. I will never, ever, admit to watching a full episode of Say Yes to the Dress.













• Furnaces • Fireplaces • Air Conditioning • BBQs VISIT OUR SHOWROOM! 118 Guelph St, Georgetown • 905-877-8990

