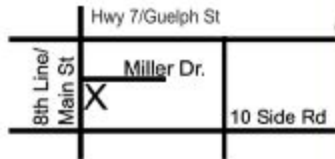




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Warming up with herb-infused meat

By **Lori Gysel & Gerry Kentner**
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What's Cookin

The best part about this recipe, is this photo was taken on Saturday, Nov. 5. Yes, we sat outside around the fire, burning wood to make coals for cooking on a Saturday afternoon in November. Now how often do we get to do that?

You most certainly can use your BBQ, but for those of you who do cook over a fire occasionally, you'll know there's nothing quite like the taste.

We have used a combination of apple, oak and cherry woods and let the fire burn until we had a generous bed of coals. Bone-in chicken and pork work best for this recipe, as the bone-in meat is far more flavourful.

Liberalily sprinkle coarse salt and freshly

ground black pepper over the pork chops and chicken pieces. Place meat on a bed of fresh herbs (I've used fresh thyme and fresh rosemary) on top of grill and slow cook until chicken skin is crispy and juices run clear. Pork should have crisp fat around the edges, but still be juicy and just barely a hint of pink on the inside. Let rest for 5 minutes or so after removing from the grill.

I know you like few-ingredient recipes well how's that meat, salt, pepper and a giant handful of fresh herbs! It doesn't get simpler, or more delicious.

Have fun and keep cooking!

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