

Robert Little school earns national award

Robert Little Public School has won a National Award in recognition of its Quality Physical Education program. Physical and Health Education Canada (PHE Canada) acknowledged that Robert Little, its teachers, and students are excellent role models for all other Canadian schools, by awarding them with the National Gold Level Recognition Award.

Robert Little is leading the advocacy initiative for the physical education of all children in Canada. Research from leading national and international health and physical education associations and experts confirms children need a quality physical education program in order to enjoy healthy, active and productive lives. UNESCO goes as far as saying that qual-

ity physical education is a basic right of every child.

Quality physical education provides children with the opportunity to develop the knowledge, skills, attitudes and habits they need in order to be physically active and to enjoy healthy, active, and productive lives now and in the future.

Over the last decade or more, there has been a significant decline in the quality and quantity of school physical education being offered to our children. Most schools in Canada are not providing the recommended national standard of 150 minutes per week of physical education, or even the minimum requirements as set out by their own provincial curricula.

PHE Canada congratulates Robert Little for its

leadership in providing Quality Physical Education programs to its students.

Quality Physical Education (QPE) is a well planned physical education program that offers a variety of learning opportunities and is taught by qualified and enthusiastic teachers on a regular basis throughout the school year. A QPE program includes curricular instruction for a minimum of 30 minutes at least three out of five days per week, as well as inter-scholastic school sport programs, school wide events, and intramural activities where all students have the opportunity to participate.

The Robert Little School Gold means that all students receive QPE three-to-four times a week, for a minimum of 100-minutes.



EDUCATION AWARDS: Students at Robert Little School earned a National physical education award in recognition of the school's emphasis on daily activity.

— Submitted photo

No noise now

The Town, owners of Tanner's Pub and Grill and its neighbours are in three-part harmony when it comes to exempting the eatery's patio sound system from the 50 decibel (dB) maximum allowed under the Town's noise bylaw, between 7 to 11 p.m.

In a collaborative pilot project, the Town granted Tanners a six-week

exemption from the by-law – at a public meeting Tanners agreed to book “unplugged” acts, to post signs asking bar patrons to respect the neighbourhood, and to deaden the sound with insulation and speaker placement.

At Council last Monday, the noise exemption was extended to September 30, with full support of the neighbours, includ-

ing Penny McCabe who took readings during the pilot project and found the noise had decreased significantly and is “very tolerable.”

McCabe thanked Town staff for developing a cooperative relationship and said there's now a good system in place for complaints. Town staff initially recommended against the exemption, based on past history of noise complaints with live bands, and reports that about rowdy partiers sometimes relieved themselves on properties near Tanners.

Tanners' owner Andrea Clark said after several busy nights at Tanners, there have been no complaints, and she thanked the Town for its handling of the matter. “We are listening to the neighbours and they're listening to us, and I think that everything has worked itself out, and I'm very happy,” Clark said.

Staff said they'd investigate a suggestion from Ward Two Councillor Bryan Lewis to extend the exemption to two years, not just one.

Sound levels exceeded the Town's limit of 50dB on two of the three nights when noise readings were recorded – the readings were 52.9dB, 51dB and 47.7dB. Town staff noted that on all three nights, there were outdoor backyard parties taking place in the neighbourhood, and the readings are within an acceptable level to grant the continuation of a noise exemption. Last year, two noises readings showed levels of 55dB and 60dB.

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