

HALTON HILLS
SENIORS
RECREATION CENTRES
415 QUEEN ST. E. ACTON



By Julie Conroy

June is Seniors Month in Canada, so I am profiling several members of the Acton Seniors Centre that have lived interesting lives. Like many seniors, although they have reached 55+, they still lead busy and active lives, whether volunteering,

entertaining, or helping others in the community. I hope you enjoy reading about these people over the next three weeks.

On June 11 at 1 p.m., we provide the Kleenex while you laugh until you cry while watching the movie *Parental Guidance*.

On Thursday, June 13

help us celebrate Seniors Month. The Board will serve and clean up after the dinner, giving Real's hard working team a break.

The dinner has an Italian theme with lasagna, Caesar salad and garlic bread with tortufo (Italian ice cream) for dessert, and a return performance by Laura Pauline Mammone.

The popular Line Dancing will continue at its usual time through the month of June.

On the trip to Rama, Gwen Ingham won the

50/50, and in the lucky seats were Linda Spitori, Gwen Pemberton and Lois Walker. For the next Rama trip (June 26) pick-up time is 8:30 a.m.

Please note the bus to Grand River racetrack on June 17 will be picking up at 5 p.m.

Friday lunch on June 14 will be Sheppard's pie, garden salad and dessert.

The winner of the 50/50 this Friday was Donnie Frizzell. He won \$209. I am sure Pat will be happy to help him spend it.



SUCCESSFUL BAZAAR: Sylvia Mitchell helped sell plants at the Country Store at the recent Acton Seniors Bazaar. — Julie Conroy photo



The Regional Municipality of Halton
Access Halton at: www.halton.ca (Dial 311)

Please contact us, as soon as possible, if you have any accessibility needs at Halton Region events or meetings.

Blue Box

What rigid plastic packaging is accepted?

Halton Region accepts the following rigid plastic packing in the Blue Box:



Black & clear plastic take-out containers



Clear plastic "clam shell" containers



Plastic plates, cups & coffee cup lids
No cutlery



Plastic plant pots & trays



Plastic bottles, tubs & lids
Beverage, soap, cleaning bottles, caps go in garbage; cottage cheese, cream cheese, dips, margarine, yogurt tubs & lids; maximum size 4 litre (1 gallon)



Single-serve plastic food containers
No film or foil

The following items do NOT go in the Blue Box: plastic laundry baskets, plastic dish racks, plastic toys, plastic chairs, plastic bags, plastic film, Styrofoam, and garden hoses. If you can't reuse them, these items go in the garbage.

Keep your neighbourhood clean

Use Blue Boxes only. Recyclables in plastic bags, cardboard boxes, grocery bins, laundry baskets, milk crates, or garbage/recycling cans will not be collected. Do not put newspapers in plastic bags.

Place acceptable materials loose in your Blue Box. Rinse all containers and ensure they are clean. Papers can be bundled and tied or placed loose, but no plastic bags. Tie corrugated cardboard in bundles no larger than 90 cm x 90 cm x 30 cm (3 ft x 3 ft x 1 ft) and place beside your Blue Box.

Help reduce Blue Box litter by following these tips to keep your neighbourhood clean:

- Squeeze cans, bottles and cartons, but please don't flatten them.
- Flatten cardboard.
- Stack your Blue Boxes and place heavier items such as phone books and magazines on top of loose materials.

Avoid windy weather during the night and put your Blue Box at the curb by 7 a.m. the morning of your collection day.

GreenCart

What compostable papers are accepted?

Halton Region accepts the following compostable papers in the GreenCart:



Paper towels, facial tissues, toilet paper rolls



Waxed paper, parchment paper, meat paper



Paper cups (plastic lids go in Blue Box)



Paper plates, paper bowls



Paper egg cartons, paper coffee take-out trays



To determine whether paper products are compostable and can go into the GreenCart – give them a rip. If the paper product is difficult to rip, or if there is visible plastic or metallic lining, it cannot go in the GreenCart.

Help reduce contamination

With less contamination in the GreenCart, the final compost will be a better product that can be used in agricultural and landscaping projects. Following these tips will help reduce contamination:

No produce bags. When cleaning out your fridge, please remember to empty food from plastic produce bags. The plastic bag goes in the garbage, and the old or leftover food goes in the GreenCart.



No elastics. Please remove elastic bands from vegetables including broccoli, celery, green onions and asparagus. The elastic bands go in the garbage, and the old food goes in the GreenCart.



No stickers. Please remove the sticker from fruit such as bananas, apples, pears and peaches. The stickers go in the garbage, and the fruit peels, cores and pits go in the GreenCart.



No diapers. Please place diapers and sanitary products in the garbage. These materials do not compost, and result in compost that does not meet Ontario provincial quality guidelines and would have to be disposed of as waste.



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