



**CONSTRUCTION CLOSURES:** Harris Street will be closed intermittently over the coming weeks as crews install a huge drainage pipe designed to prevent any further flooding due to the Noble Ridge housing construction. Last month, a torrent of mud and debris flooded Harris Street when two subdivision storm water management ponds failed. — Marie Shadbolt photo

## Public won't be happy with Hidden Quarry proposal Township councillors predict

Proponents of an application to extract sand, gravel and dolostone from below the water table at the northeast corner of Highway 7 and Sixth Line just east of Rockwood are in for a "long, long fight," according to several Guelph/Eramosa Township politicians who were briefed on the application last Monday.

James Dick Construction can expect a lot of questions and concerns about its Hidden Quarry proposal at a public meeting authorized by Council for March 25 at Rockmosa. It has filed a Township zoning amendment and provincial Aggregate Resources Act applications to extract up to 700,000-tonnes of aggregate material annually

from the 100-acre property, currently used to grow evergreen trees.

Cuesta Planning Consultant Mike Davis said the extraction below the water table would not require dewatering, in an attempt to minimize disturbing groundwater levels. Other concerns with the proposal include traffic, water quality and quantity and environmental protection.

Mayor Chris White said quarrying below the water table is a major concern. "They are going to be blasting under the water table and we indicated we expect their people to step up to the plate and we're not going to try to assist them through this in any way," White said after the meeting.

Councillor Doug Breen predicted there will be "zero public appetite" for extracting below the water table because the bedrock is so fractious, noting because there is so much limestone in this area of the province, there's no need to go below the water table to get it.

When Councillor David Wolk asked about financial benefits of the proposed quarry to the Township, Breen reported they have received taxes, a new road and a small fee per tonne extracted in the past, but it wouldn't cover "the phone bills for the complaints we're going to get."

Davis said loaders, draglines and excavators will be used and material will be transported to an

on-site processing plant for crushing, washing and screening. It would then be stockpiled before being shipped, via Sixth Line to Highway 7 easterly to the GTA. The company plans to progressively rehabilitate the site, where possible, including two pond areas with wetlands, fish habitats and reforested area.

The land has both agricultural and hazard zoning and aggregate extraction is not a permitted use, prompting the Zoning amendment application to the Township. Davis said a technical review would validate studies submitted by Dick's experts to minimize the social and environmental impacts of the proposed quarry.

## TOWNSHIP SHORTS

### SODIUM NOTIFICATION

While not toxic, the continuing high levels of sodium found in two Guelph/Eramosa Township well systems triggered a notification to the public.

The last officially required test for treated sodium was September 2008, and adverse results were reported to the Wellington County Medical Officer of Health and then local physicians. The last adverse reporting of sodium was found while sampling for lead in January 2009, and required official notification.

Donna Button, Guelph/Eramosa Township's compliance official, said while they are not required to sample for sodium again for another 60 months, they thought it was prudent to "re-inform" the public of the continuance of high sodium levels in drinking water.

Sodium in excess of 20-milligrams per litre (mg/L) "may be significant to individuals on a sodium restricted diet," the public notification on the Township's website read. Sodium levels from 11-mg/L to 25- mg/L were reported from testing five weeks ago at the Hamilton Drive well supply, which provides water to

north Guelph. Levels at the Rockwood well supply ranged from 87- mg/L to 97- mg/L.

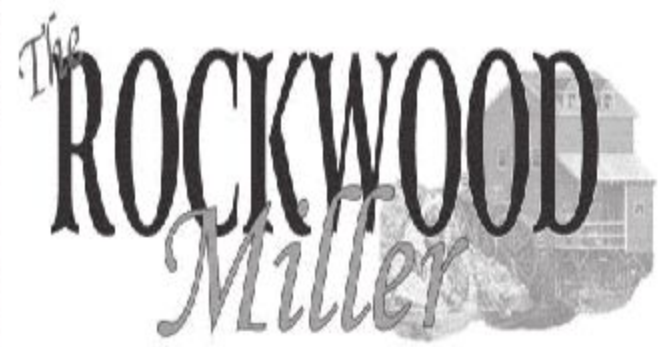
### CARBON NEUTRAL EVENT

A newly insulated ceiling and the "very best energy-saving triple-glazed windows" will welcome Green entrepreneur/author/climate change activist Tom Rand when he speaks at the Eden Mills Community Hall next Thursday (February 21).

Hosted by the Eden Mills Millpond Conservation Association, the event marks "measurable progress" in the commu-

ity's quest to be the first village in North America to go "carbon neutral." Community carbon emissions have been cut by 22 per cent to date, and the retro-fitting of the Community Hall will reduce its footprint by 63 per cent this year.

Rand's talk is billed as: "Hot Water: Waking the Frog – Climate, Capital and our Heating Planet." Rand is described as an entrepreneur, investor, author and electrical engineer searching for concrete solutions to the climate change crisis. The event begins at 7:30 p.m., and refreshments will be available.



Advertorial

## REFLEXOLOGY

Good For The Whole Family...

By: Judy Longstreet CR., CH.



Reflexology is a natural, drugless, healing art. It is based on the principal that there are reflexes in the hands and feet which correspond to every part, organ and gland of the body via the nervous system. Through application of pressure and massage on the reflexes in the hands and feet, the goal of reflexology is to prompt change in the related part of the body.

Reflexology has numerous benefits. This treatment promotes the body's natural healing functions, helping the body to; detoxify, improve circulation, relieve stress, and build a stronger immune system.

Reflexology can be an effective treatment for all ages. Male and female alike. The treatment can be used effectively on babies and young children for soothing such ailments



as; colic, constipation, the painful process of teething, disturbed sleep patterns, calming hyperactivity, and improving the immune system. Adolescents have found reflexology to be advantageous in coping with many of the changes that puberty brings about. From;

painful menstruation in girls, acne, hormone imbalances and the emotional mood swings that often afflict teenagers, both male and female, going through this difficult transition into adulthood. Adults find reflexology to be a beneficial aid in reducing stress and tension, which is linked to numerous illnesses. The treatment assists in minimizing headaches and migraines, and aids in improving; digestion, circulation, mobility and immunity.

Women have found reflexology to be supportive in coping with multiple issues concerned with the female reproductive system. Benefits have also been felt with pregnancy discomforts both pre and post natal. The elderly have found reflexology to be valuable in the treatment of many ailments that afflict the aged, such as; arthritis, diabetes, cancer care, constipation, and digestive disorders, poor circulation, insomnia, joint and muscle pain or stiffness, and it soothes sore, achy feet in general.

Reflexology relaxes, detoxifies, and revitalizes the body. Treatments are safe, calming, unobtrusive and an excellent step toward achieving better health. Additionally, reflexology is an excellent preventative treatment to maintain good health.

For more information on Reflexology and other services call Judy at

**905-702-7846**

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