



OKTOBERFEST: Approximately 100 people attended the Oktoberfest Dinner and Dance recently at Hillsview Active Living Centre - Acton. - Julie Conroy photos

HILLSVIEW

Active Living Centre

Halton Hills • Acton

Please note, I made a mistake last week, Vinitha Nair is with the Alzheimer Society of Halton and Hamilton and is at the front desk on the second and fourth Tuesday of the month from 9 a.m. to 12 p.m. Providing information and support for people in the Halton area. Her next visit is on November 11. She will be happy to answer any questions you have regarding services in Halton. Please stop by and pick up brochures on dementia and

Alzheimer disease.

There is one more new service being offered at Hillsview, starting on November 5th from 9 a.m. to 12 p.m. Andrea Buck, RPN will be holding a monthly foot care service in the Health and Wellness Room at the Centre. For more information check out the bulletin board or to book an appointment with Andrea, pick up her business card at the reception desk.

The Fashion Show was a great success, and every-

one admired the clothing. 81 people attended, including a couple of men who were there to support their wives who were modeling. Some of the fabrics were quite soft and the show gave everyone the opportunity to touch and feel the various fabrics and admire the styles and colours.

You don't have to be a member of the Centre to help in a variety of ways. We are looking for volunteers to assist at the reception desk. If anyone

is interested in volunteering in any capacity please let Heather Beaumont know at 905-873-2601 ext. 2407.

On Tuesday November 4 at 10 a.m. there will be a Men's Focus Group meeting. The Centre is looking to start a men's group and who better to let us know what is needed and wanted than you. Bring your thoughts and ideas for fun and meaningful programs for the men of the Centre. Coffee, Tea and Goodies provided.

Vicki Firth will be holding her monthly Coffee, Books and Computers visit to the Centre on Tuesday October 28 from 2 to 3 p.m. October's topic is "La Belle France".

Have you got your costume ready for the Hal-

loween party on Thursday October 30? Eileen and Myra were busy creating decorations for the dance last week. I know it will be fun. Great music, cash bar, prizes and a light lunch. Don't have a costume? Just come and admire everyone else's outfits.

Now that the weather is getting a little cooler and we don't have the opportunity to walk as much, you might want to consider WeightWatchers to help you either loose a little weight, or maintain your weight over the winter months. You can choose either Tuesday or Friday mornings. Most people seem to be signing up for Friday mornings and the 20 week program. Please add your name to the list if you're interested. You

don't have to be a member to join.

The November 22, Christmas Bazaar is approaching fast. While we appreciate the donations of your "treasures" for Granny's Attic, The Country Store, the Jewellery and Curio's Corner, please keep them at home until Thursday November 20. We may have more space, but the various rooms are utilized every day. A sign-up sheet for items needed for the tea room is at the reception desk.

Lunch on October 31, will be soup and sandwiches plus of course dessert.

The name drawn at the weekly 50/50 had not put their loonie in the box or signed their name, so next week the amount to be won should be over \$100.

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<p>151 LOU'S BLVD, ROCKWOOD</p>  <p>Custom, 3 bedroom bungalow on private, landscaped lot backing onto open fields.</p> <p>Open plan and bright kitchen family room with fireplace and walk out. PLUS separate entrance to professionally finished in law suite. Now isn't that what you need?</p> <p>Asking \$514,900</p> <p style="text-align: right; font-size: small;">www.ruthbowes.com</p>	<p>185 ACTON BLVD, ACTON</p>  <p>OPEN HOUSE SUN, October 26th 2-4 pm</p> <ul style="list-style-type: none"> Brick & Vinyl 2 Storey 4 BRs & 3 Baths Eat in Kitchen with Pantry Family Rm w/ Fireplace Finished Basement Main Floor Laundry Deck, Hot Tub & Fire Pit Backs onto Meadows <p>Asking \$554,900</p> <p style="text-align: right; font-size: small;">Call Heather for more details</p> <p style="text-align: right; font-size: small;">www.reresource.ca</p>	<p>4987 ERAMOSA ERIN TOWNLIN</p>  <p>Calling all hobby farmers</p> <ul style="list-style-type: none"> 37 acres of beautiful rolling countryside 2158 sq ft, 4 bedroom home Beautiful views and pond <p>Asking \$729,900</p> <p style="text-align: right; font-size: small;">Call quickly to view.</p> <p style="text-align: right; font-size: small;">www.rockwoodrealestate.ca</p>

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